Sastford · Connecticut's Best Small Town* April, 2019, Vol. 28, No. 4 The Eastford Communicator

Selectman's Snippets:

<u>Budget</u> - We are experiencing changes by the state; a continuous loss of funds makes it ever so difficult to create a budget. We the Finance Board continue to work hard in planning, monitoring and preparing a fiscal conservative budget approach to the tax payers of Eastford. Town Budget Hearing is scheduled Monday April 29th at 7pm all are welcome.

<u>Community</u> – Great things happen in our community!

An **Egg Hunt** will be behind the EES on Saturday, April 20th at 10am, with rain date of Monday, April 22nd! Hosted by the Recreation Committee. All are welcome!

A **Town-wide Cleanup** - Join Herman Barlow (860-336-7034) and others to clean up Eastford. All are invited to help clean up Eastford roadsides on Sunday, April 28th Rain date is scheduled



for May 5th. This group will start with a community lunch starting at 12:30pm at the Eastford Congregational Church (860-974-0294) followed by roadside litter cleanup until 3:30pm when ice cream and fellowship will follow. You may also contact the Baptist Church (860-974-1414) to help! April 22nd is a day of national recognition to take care of our Earth. Please be mindful of litter by putting it in its place. Our future generations will be grateful by your actions to conserve our natural

resources and protect our environment.

Sally Katkaveck is hosting a **Garden Tour** at 82 Ashford Road on May 11th. She would like to invite all of you with your beautiful gardens to host a tour as well. Please call the Town Office Building at 860-974-0133 ext 3 if you are interested. We have a volunteer who is willing to put you on the map for others to tour your garden! Just another great way to come together as a community!

Spring Celebration – On May 11th a music gathering will be hosted at Coriander - times will be determined. All are welcome! Thanks again to the Recreation Committee!

Town Wide Tag Sale - All residents are welcome to participate on May 19-20. Contact Valarie Katkaveck via email <u>valkat@charter.net</u>. She is our devoted chair of the Recreation Committee and is always willing to help you with your questions.

"People coming together as a community can make things happen." ~Jacob Rees-Mogg~

<u>**Road Safety**</u> – Please drive the speed limit! Distractions while driving can be dangerous. Be mindful of children/ adults walking or riding bikes to school or for recreation.

<u>**Town Office Building**</u> - Organization in our storage area has been done by restructuring with added shelving to free up space for both the Food Pantry and Registrar of Voters equipment.

<u>Library</u>- The drainage project including the restoration of the lower level is expected to be done by the end of April (continued page 2)

The Eastford Communicator needs your donations. Many communities no longer receive town news as printing & postage costs continue to rise. Please help us continue service FREE every month to more than 900 Eastford households. Please patronize our local advertisers who also make The Communicator possible. THANK YOU RECENT DONORS: Nancy Kilburn Mary Parker Ralph Yulo, Jr. Carol Davidge in Memory of Garry Clifford Thank you! You are sustaining The Eastford Communicator! Please send your donations to:	Of Special Note: The Eastford Independent Fire Co. urgently needs volunteers (p6) Food Pantry needs donations (p7) Calendar of Town Events (p7) April 15, 4pm—Magic Show at Library (pp3, 10) April 19-21 Easter Events (p 10) April 20: Crystal Pond Park Cleanup (Weeks Road), 8am April 20: Scout Troop 92 Flower Sale, Ashford (p9) April 20: Egg Hunt, EES, 10am (p3) April 20: EIFC Steak Dinner (res), 6:30pm (res.) (p6) Aril 28: Town-wide Cleanup, 12:30pm (p3) April 29: Town Budget Hearing, EES, 7pm (p9) Woodstock Academy Events—Jazz, UN Conference (p.10) Mark your Calendar for May Events: May 11: Mother's Day Crafts, Library (p10) May 11: Spring Celebration,—Music & Garden Tours May 13: NOAA / Emergency Mgt Skywarn Training, 7pm (p 2)
Communicator!	• • •

Selectman's Snippets—(continued)

Transfer Station – Thank you for recycling. If you are not sure what can be recycled go to williwaste.com click Recycling, scroll down to the question; Can I recycle it? After you type in an item the instructions are provided. We have a list available on our website as well. Stickers are to be affixed to windshield's lower left-hand corner. Limit: 2 cubic vards per week – roughly one level pickup load. We will be enforcing residents to comply with rules concerning the Transfer Station. Please secure rubbish pails as you travel to Transfer Station. Thank you for your cooperation!

Police Services – During the month of February, Troop D responded to 41 calls. These calls of service included; Accidents: 3, Criminal Invest: 1, Burglaries 0, Larcenies: 0, Traffic Citations: 13, Written Warning: 3, and Non-Reportable Matters: 37. Reminder: call 911 whenever there is an emergency.

Respectfully yours,

Jacqueline Dubois, First Selectman *************

News from Eastford's Emergency Management Director Deb Richards

NOTICE: U.S. Department of Commerce, National Oceanic and Atmospheric Administration, National Weather Service Forecast Office, 445 Myles Standish Blvd., Taunton MA 02780

NATIONAL WEATHER SERVICE SKYWARN TRAINING in Eastford – Monday May 13th, 2019 – 7 to 9:30 PM The National Weather Service (NWS) in Boston/Norton Massachusetts will be sponsoring a severe weather spotter training session, part of its SKYWARN program. The training session will be co-hosted by the Congregational Church of Eastford and Eastford Emergency Management and will be held at the Congregational Church, 8 Church Road on Monday May 13th, 2019 from 700 PM-930 PM.

The session is open to the public at no charge. Amateur Radio Operators, emergency managers, police, fire, and other first responders are encouraged to attend. Everyone age 16 and older who stays to complete the training will be able to become trained NWS weather spotters.

The training session includes a two-hour and thirty-minute computer-based presentation, which discusses the development of thunderstorms, the criteria for "severe" thunderstorms, as well as the cloud features associated with severe thunderstorms and tornados. Additional information will be presented about winter storms and proper snow measurement and reporting of coastal flooding, river, stream, and urban flooding and rainfall measurements. The session will also present the procedure for reporting weather information to the National Weather Service. Safety procedures for the various forms of summer severe weather (severe thunderstorms, tornadoes and lightning), winter storms, and flooding will also be covered in the training session. Anyone attending should bring a pen or pencil and bringing a notebook is optional. Use the following link: https://www.eventbrite.com/e/skywarn-training-class-eastford-ct-tickets-57278507558 to pre-register for the class as that is required. Contact KD1CY-Rob Macedo at

rmacedo@rcn.com for any questions or further info on the SKYWARN Training Class.

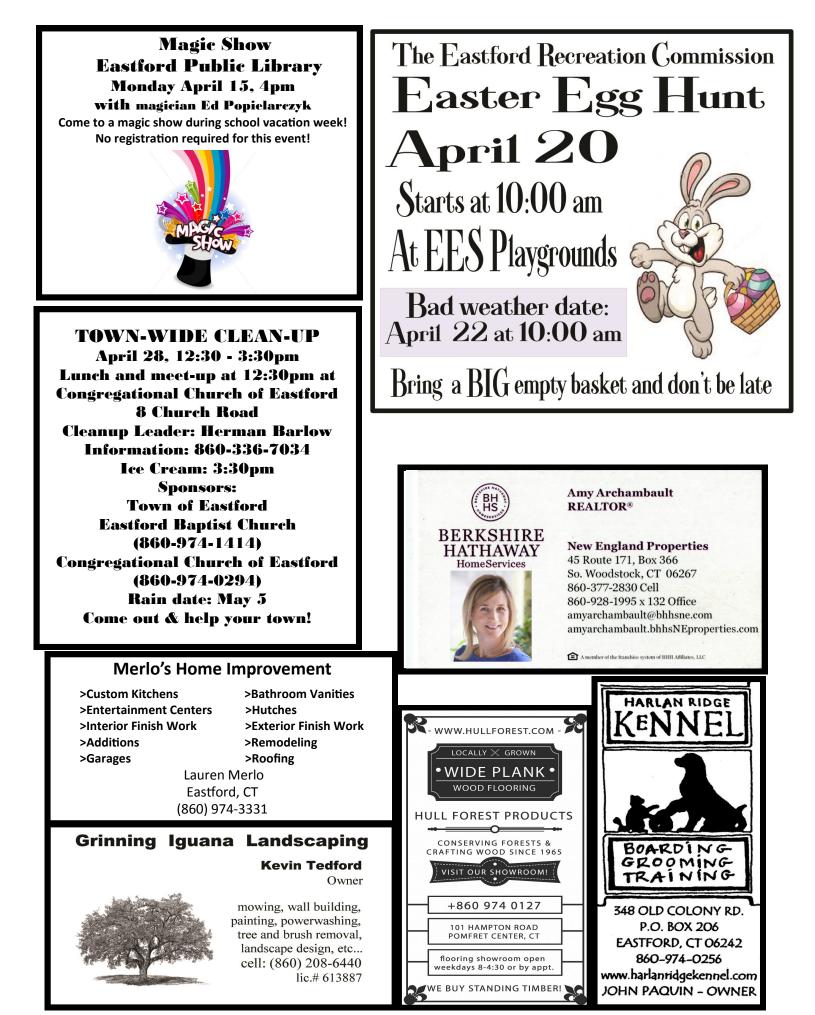
DID YOU KNOW? Eastford Historical Society

Did you know that on April 12, 1847 a town meeting was held in Ashford to decide if the Eastford Society's petition for independence would be granted? Feelings being strong on the issue, the meeting was expected to be lively and possibly heated. William Lyon, the major sponsor of the petition, expected the vote to be close. Arguments concerning Eastford's independence were heard and the vote was taken. The results: 110 in favor, 107 opposed. Eastford was granted town privileges!

The Historical Society seeks community support to continue its mission of collecting, preserving, and sharing documents and artifacts that tell the story of Eastford's unique history. Kindly consider becoming a member or renewing your membership. Both volunteer and financial support would be greatly appreciated. Taxdeductible donations may be mailed to: Eastford Historical Society, P.O. Box 350, Eastford, CT 06242.







From The Principal's Desk By Carole McCombe

It was nice to see so many parents come out for our parentteacher conferences. Staff at Eastford Elementary School greatly appreciates the support our families provide in our educational partnership. I would like to remind families that if you have not had a chance to fill out our annual parent survey, you can do so by clicking on the link under the announcement section of our website homepage. This information is very valuable to us because we compare the results from year to year and make every attempt to address areas that are noted in the survey as areas of concern.

Springtime brings our third academic trimester and it is typically a very busy time at Eastford Elementary School. Our PTO is once again sponsoring the spring Scholastic Book Fair. It will be held April 1 through April 5, with evening hours on April 4. It will be Buy-One-Get-One. Students will attend the Book Fair with their classes during the week, but families can also visit to purchase books. Students in grades 3-8 will be taking the Smarter Balanced Assessment (SBAC) and students in grades 5 and 8 will also be taking the Next Generation Science Standards Assessment (NGSS). Testing will begin towards the end of April.

Our school Track team has begun practicing and looks forward to a successful season. Please check our school website under the "Athletic" tab for track meet schedules. In addition, many field trips, cultural events, orientations, concerts and other activities will take place between now and the end of the school year in June. It is important that parents/guardians regularly check student backpacks for papers and notices that are sent home, as well as visit our school website for updated information regarding upcoming events.

I want to thank everyone for their patience as we continue to work with Rukstela Charters to streamline our bus routes so they are as efficient as possible. The small changes we have made over the winter should help us begin next school year with a better plan. Please don't hesitate to contact the school if you have questions or need additional information about anything.



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EES Teacher Report—Parent Survey

By Julie Fox, Eastford Special Education Teacher Every year Eastford Elementary School staff work on both personal and school wide goals. One of those goals is driven by annual parent feedback received from a survey we administer to parents each spring. The staff attempts to address areas of concern of the parent community in Eastford. Feedback on the following year's survey lets the staff know if the goal was met and whether or not more needs to be done to address the concerns. Last school year's survey revealed parents' desire to better understand our standards based report cards. Based on this feedback, staff have been working with parents at their subject or grade level to improve parent understanding by sharing more information about Connecticut standards in all content areas. Some teachers have held curriculum nights and others have been sending home additional information about particular standards or explaining how student grades and evaluation marks are determined. Teachers are also getting students involved in tracking their own progress towards standards and setting goals for improvement. Staff are always willing to answer questions, so please don't hesitate to ask if you have questions! The following link, https://portal.ct.gov/SDE/Mastery-Based-Learning/Connecticut-State-Standards will connect parents directly to the standards which Eastford teachers use to drive their instruction. All Eastford parents are encouraged to fill out our annual parent survey, either at parent-teacher conference time or through a link available on our website. It may seem redundant, but staff carefully consider all responses and use this to continually improve our practice and overall school climate. I hope you take advantage of this opportunity to let the Eastford staff know what your concerns are and how we can help improve education for the children of Eastford.

The Town is selling 6 used computers for \$150 each. Please inquire in the Selectmen's Office.

HP ProDesk 405 G1 AMD E1-2500 104GHz

Superintendent's Report By Dr. Donna P. Leake

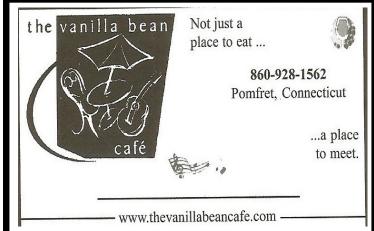
On Friday, March 1st I had the good fortune to observe all of the exciting events that took place at E.E.S. Some staff and students, including our good-spirited principal, Mrs. McCombe donned costumes inspired by the books of Dr. Seuss. There was an inspirational presentation by Sam Ducharme, the author of *Sole Searching on the Appalachian Trail*. Following the presentation, students and teachers participated in a fun learning day that included visits by Woodstock Academy students, a science activity, and the opportunity to participate in a Switcheroo shared reading activity.

March is the month to express appreciation to all Connecticut Board of Education members for giving of their time, talents and energic spirit to serve their respective learning communities throughout the year. At the Board of Education meeting on March 14th, on behalf of the Eastford staff and students, Board of Education members Christine Hustus (Chairperson), Stephen Bowen (Vice -Chairman), Gerald Marmat (Secretary), John Barlow, Megan Calchera, Terry Cote and Robert Ellsworth were publicly recognized for their dedication to the Eastford Learning Community. At this meeting I also had the opportunity to personally congratulate Braden Ayer and Noah Kernan as Citizens of the Trimester. The BOE also nominated Eastford college student Dylan Grube as the recipient of the Ethel Cushing Gardner Fund Scholarship, which is given to those pursuing a serious interest in the study of music. Although the deadline for submitting online applications for the scholarships offered to high school seniors (April 6) and current and nontraditional college students (March 23) has passed, it is never too late to donate to the Community Foundation Scholarship fund that supports these scholarships, some of which are only available to Eastford students. There is no minimum (or maximum) amount for individual donations. All donations are appreciated and all donors will be recognized the year of their donation. If interested, you can donate on-line: http://www.cfect.org. For more information, please contact Deb Battit (deb@cfect.org) or Michelle Puhlick (michelle@cfect.org) at 860-442-3572.

As its March meeting, the BOE approved a revised policy regarding secondary school attendance. This policy, 5117 Secondary School Attendance, can be found on the Eastford Elementary School website: <u>https://www.eastfordct.org/domain/1184</u>.

To date we have missed two scheduled days of classes. These days, together with any additional missed days, will be added in June. Hopefully there will not be the need for additional cancellations, but our Connecticut weather has been known to give us a few late season snow storms in past years. With the coming of spring, I look forward to having more opportunities to explore the Town of Eastford and watch the natural beauty of the Eastford landscape blossom. As always, I would very much enjoy meeting or speaking with members of the Eastford

Community. Please feel free to contact me at <u>dleake@eastfordct.org</u>

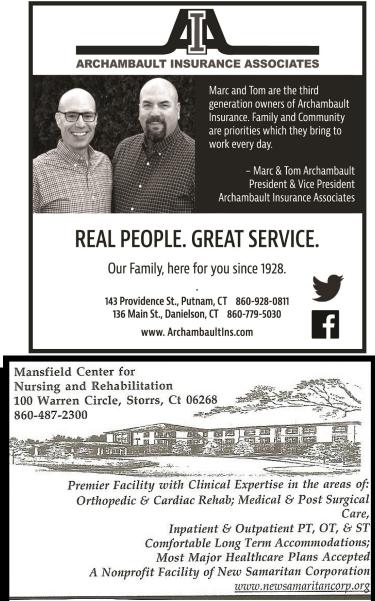


Eastford School Readiness Council

Maribeth Stearns, Liaison 12 Westford Rd., Eastford, CT 06242 860-974-1130

The Eastford School Readiness Program has sent in their annual update for accreditation from the National Association for the Education of Young Children (NAEYC), which means we are also ready to have our re-accreditation visit! We have worked hard to complete the Program and Classroom Portfolios and will be ready to show the accreditors our program. NAEYC can schedule the visit at any time, so we are hoping to have it all completed before the end of the school year.

Preschoolers have been working hard to master skills and become more independent. They are working toward achieving their end of year early childhood developmental goals. The four year olds have been visiting the kindergarten room in preparation for their move up in the fall. We also have been planning activities for incoming preschoolers and families. It is important to register early if you are interested in our preschool program. We have a limited number of slots each year and they fill quickly. Children in the community who do not attend our preschool program MUST register in advance for Kindergarten. Kindergarten registrations are currently being accepted. Please contact the school office at 860-974-1130 for more information regarding preschool or Kindergarten in Eastford.



EASTFORD INDEPENDENT FIRE COMPANY #1, INC By: Jeannine Spink

Welcome to Randal Chinnock of Kennerson Resevoir Road, Eastford as our newest member. Randal comes to us eager to do his part in the department to assist, support and help assure the safety of the Town of Eastford's residents.

Mark your calendars: The spring "All You Can Eat" Steak Dinner is scheduled for Saturday, April 20, 2019 beginning at 6:30 at the firehouse. All dinners are \$20.00. The Menu consists of: Top quality steak, baked potato, salad, green beans, rolls, dessert, beverage and a FREE Raffle ticket. To reserve your dinner, please call John Paquin at 974-0256.

February and March have been very difficult for our members regarding snow, high winds, trees and wires down and ICE. Members responded to a multitude of calls during the height of the worse weather due to car accidents, lift assists from falls and road closures working cooperatively with EVERSOURCE in addition to putting ourselves at risk of injury. Spring will be welcomed.

ATTENTION SENIOR CITIZENS – Risk of Falling

THE PAINFUL FACTS OF FALLING:

Falls are more common than strokes and can be just as serious in their consequences. Falls are the most preventable cause of needing nursing home placement. Among adults 70 years and older, 3 in 10 fall each year. Falls cause over 90% of broken hips.

THE COMMON RISKS FOR FALLING INCLUDE:

Trouble getting up, standing or walking. Environmental hazards in your home. Dizziness upon standing up. Problems with vision and hearing. Taking four or more medications.

TALK TO YOUR HEALTHCARE PROVIDE AND ASK HIM OR HER TO:

Check your balance, strength, walking and check your blood pressure lying down, sitting and standing.

Report any symptoms of dizziness, weakness, unsteadiness or confusion.

Always carry an up-to-date medication list and have it visibly posted in your home and in your car. Update regularly HAZARDS IN YOUR HOME:

Remove anything that narrows your walking paths. Walking paths should be clear and wide.

Remove all possible tripping hazards in your home - rugs, cords, low-lying objects.

Use extra caution on stairs, curbs, thresholds and uneven ground.

Have adequate lighting wherever you are walking.

Use chairs and sofas that have armrests, and that are not too low, too high or too soft.

Make changes in your home so that daily routines do not require stooping or reaching overhead.

WHAT IS YOUR FALL RISK?

Ask yourself these questions

Have you fallen in the past year? Do you have trouble getting out of a chair or feel unsteady when you walk? Do you take four or more medications, including over the counter? Do you feel dizzy when you get up? Do you have any vision problems – reading / driving? Do you have difficulty getting up from the floor without help?

IF YOU ANSWERED YES TO ANY OF THE ABOVE QUESTIONS, YOU ARE AT A HIGHER RISK FOR FALL-ING. PLEASE CONSULT YOUR HEALTHCARE PROVIDER.

Individualized in-home fall evaluations and education is available for persons age 60 and older who have fallen within the past year, or who have multiple risk factors. Physicians, home care staff, service agencies, family caregivers or individuals themselves can make referrals.

FOR MORE INFORMATION, CALL 860-779-9270.

Eastford's 1806 Union Society Building By Carol Davidge, Chair

We thank Linda and Rick Torgeson for their recent Legacy Donation. These donations will assist improvements this year that are also supported by grants from The Last Green Valley and the State of Connecticut's Department of Economic and Community Development. Eastford's historic 1806 Union Society building is one of only two Union Society buildings still standing in Connecticut. Villagers gathered there more than 200 years. At the Union Society of Phoenixville, children were taught to read, villagers gathered for holiday celebrations, oyster supper fundraisers were held for Eastford Independent Fire Co. No. 1, 4-H and Scouts learned leadership skills, and the group held games and potluck dinners for families. Everyone was welcome regardless of ethnic origin, spiritual belief, gender or age. The building served mostly poor immigrants in the southern part of Eastford. Christmas celebrations featured Santa Claus who gave each child an orange and box of candy. The Union Society also took small gifts to the homes of those who otherwise would not have received presents. The building was sold to the Town of Eastford in 2002. Donations are needed to restore the building so it can again be used as a public gathering place. **Donations and Legacy Memorials are needed to move the project forward.** For donations of \$100 or more, a plaque acknowledges the donor and individuals being honored. All proceeds from fundraisers go to the Town of Eastford for rehabilitation of the building. To make a donation in any amount, please make checks payable to: Town of Eastford (write Union Society in the memo line), and mail to Union Society Fund, Town of Eastford, P.O. Box 98, Eastford, CT 06242. For information, please e-mail: carol.davidge@snet.net, and put Union Society in the subject line.

Food Pantry by Karen & Steve Broderick

Hunger is closer than you think! Children and adults face hunger in every community across the country. Eastford is no exception. Your neighbor, child's classmate or even a coworker may be struggling to get enough to eat. The holiday food drives are now behind us and some items need to be replenished as demand remains high in Eastford. Please consider making a donation. Gift cards to grocery stores also are appreciated and can be dropped off at the First Selectman's Office. Checks can be made payable to the Town of Eastford with "Food Pantry" on the memo line, and mailed to P.O. Box 98, Eastford, CT 06242 or bring to the Selectmen's Office. We would like to thank several anonymous donors who continue to donate to our pantry. We would also like to thank Susan and Mike Clements for their recent donation. Our "Most Wanted" list includes pasta sauce, chili, ravioli, taco

kits, beef stew, jelly, coffee, juices, healthy snacks, toothpaste, toilet paper, paper towels as well as low sugar cereals, oatmeal, rice, tuna, soup, canned fruits and juices, peanut butter, jelly, macaroni and cheese, bisquick or baking mix, crackers, granola bars, snacks, flour, tea, toiletries.

Any Eastford resident in need who would like to avail themselves of the food pantry can place a confidential call anytime to Steve or Karen at 974-1618, or contact the First Selectman's Office.



April, 2019 Calendar

- BOS, TOB, 7pm 1
- 2 Family Music Class, Cong. Ch, 10am School Readiness Council, EES, 5:30pm Conservation Commission, TOB, 7pm Democratic Town Committee, Library, 7pm
- 3 Crystal Pond Park Com, Crystal Pond Pk, 6pm Adult Pickup Basketball, EES, 6:30pm WA Bd Trustees - Exec Comm, WA, 7pm
- Human Rights Conf, Woodstock Ac., 9am-1:15pm 4
- Locally Sourced Dinner, WA, 6-9pm (\$55-res) 6 AA Meeting, TOB, 7:30pm
- 8 WA Bd Trustees /Academic Cm, Finance, 6pm Grove Cemetery Board of Corp., TOB, 7pm
- 9 SAT Day/Juniors, WA, 7:15am-2:15pm Planning Commission, TOB, 7pm
- 10 Registrar of Voters, TOB, 5pm 7pm Adult Pickup Basketball, EES, 6:30pm Clean Energy Talk Force, TOB, 7pm
- 11 Senior Citizens, TOB, 11am BOE, EES, 7pm
- Wellness Fair, WA, 7:30am-1pm 12
- AA Meeting, TOB, 7:30pm 13
- Magic Show, Library, 4pm Special BOS, TOB, 6:30pm 15
- 16 Family Music Class, Cong. Ch, 10am Republican Town Committee, Library, 7pm
- **Communicator Deadline** 17 Scout Tour of Lego Plant, Enfield Recreation Commission, TOB, 4:30pm
- 20 Crystal Pond Park Cleanup, 8am Egg Hunt, EES, 10am Scout Flower Sale, Ashford EIFC Steak Dinner (res), Fire House, 6:30pm AA Meeting, TOB, 7:30pm
- 22 American Legion, TOB, 7:30pm
- 23 Family Music Class, Cong. Ch, 10am Transfer Station Committee, TOB, 1pm WA Bd Trustees Mtg, 7pm
- Registrar of Voters, TOB, 5pm 7pm 24 Adult Pickup Basketball, EES, 6:30pm
- 25 Inland Wetlands Commission, TOB, 7pm Library Board, Library, 7pm
- Jazz-Lenny White, WA, 7:30pm (\$25, res) 26
- Model UN Conf, WA, 8am-5pm 27 AA Meeting, TOB, 7:30pm
- Town-wide Cleanup, Cong. Ch, 12:30pm 28
- 29 Town Budget Hearing, EES, 7pm
- 30 Family Music Class, Cong. Ch, 10am





www.JohnstonRealEstate.net

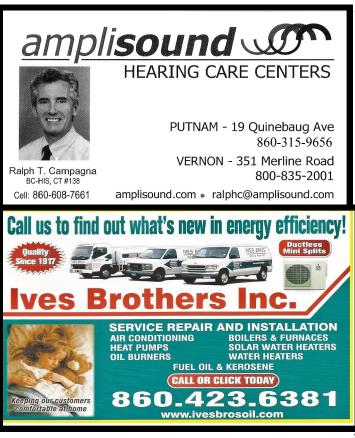
From Eastford's Agent for the Elderly

Michele's Senior Moment by Michele Palulis

Happy Spring Everyone!! I've mentioned this before but it bears repeating – did you know every town has a Property Tax Credit and Rent Rebate Program for low income elderly or disabled persons and Property Tax Exemption Program for wartime-duty veterans? You apply through the tax assessor's office and each program has different requirements and times of application. Contact our Assessor, Mary Lavallee at (860) 974-1885 Ext. 7, Tuesdays 4:30-7:30 and Fridays 12:30-4:30pm. This year, there are many income tax changes that may affect you in positive (or negative) ways. Remember free tax preparation is available for seniors, and even if you think you do not need to file, you may want to speak to one of these assistants to be sure you are not missing out on anything. Call 2-1-1 for information about a center near us and to make an appointment (TEEG and the Putnam Library are local centers assisting with tax prep this season).

The Eastford Municipal Agent for the Elderly is a volunteer position, appointed by the Board of Selectmen. Every Connecticut city and town has a Municipal Agent for the Elderly who assists town residents ages 60+ by providing information and referrals to local, state, and federal services and benefit programs. Municipal Agents are familiar with programs and benefits such as Medicare, Medicaid, SNAP (Food Stamps), Social Security, protective services, legal services, adult day care, housing, transportation, and local senior and community groups. Many also help seniors fill out application forms for benefits. I am a local lawyer practicing in the areas of elder law and other areas, and hope to provide helpful information to the seniors of Eastford. If there is something you'd like me to write about, please feel free to call me at 860-481-6655 (google voice number) or 860-928-9928 (office number) or email me at

<u>michele@attorneypalulis.com</u>. Michele Ann Palulis, Esq. Eastford Municipal Agent for the Aged



Eastford Senior Citizens

By Edward Desmond, Secretary

Pot O Gold... Plus!!

So this year, St Patrick's Day was on Sunday, March 17th, the Official Wearing O' the Green. But, as usual, we did things a little differently. The Publick House in Sturbridge Mass held their own Irish-themed Buffet on Monday the 11th to benefit Harrington Hospital Auxiliary and the Federated Church of Sturbridge. Mounds of corned beef and cabbage with vegetables, potatoes, all highlighted the feast balanced out with an assortment of accompaniments rounding off a solid holiday meal. Reportedly, some somewhere between 700 to 1.000 people contributed their hungry bellies for a great cause. Many thanks to all!! Big High 5 to Jane and Jim for the heads up on this one! Publick House sponsors at least one of these events a month to benefit organizations in need, and the menu varies. The tickets run around \$14 for adults, \$5 for kids 4 to 12. All you can eat, can't be beat. And did you know the Publick House Restaurants have BUY ONE GET ONE EN-TREES Monday through Wednesday? Yep, sure thing, many thanks to both Judy and Kathy on that one! You need a coupon though, and to get one, go to www.publickhouse.com, or ask for one at the restaurant desk. Reservations are recommended, but not required. Call 1 800 PUBLICK (728 5425) for any more information on all of their opportunities, or again, visit their website. Thursday March 28th, at a lunch meeting we were joined by Linda J Colangelo who gave us some tips about warm weather health.

Moving things along, so grab your calendars. Thursday, April 11th, 11 a.m., at the Town Office Building-Lower Level—Lunch and Learn a Bunch from Chief Ranger Bill Reid from The Last Green Valley. He'll share his wealth of information about this unique region in our own backyard with his presentation of the past, present, and future of our area that has helped shape many aspects of not only our Quiet Corner, but throughout the country. Only \$7 per person, and of course, RSVP by Monday April 8th, 860-538-8868.

That's enough for now, I think. Get your gardening stuff out and dusted off, nurseries are opening soon. Oh yeah! A very Very HAPPY BIRTHDAY to Carlene our treasurer! See? Didn't forget you! Until then, be well, be safe and healthy, and see you soon!



ATTORNEY MICHELE ANN PALULIS

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Thousands of amphibians are crossing roads at night now. Watch and try to safely avoid them. Unfortunately, at **ANNUAL BUDGET HEARING** times, hundreds will be on the roadway, so it may not be possible. If you try to help a single frog or salamander, be Monday, April 29, 2019 7pm sure your hands don't have lotion or purifier on them, as EASTFORD ELEMENTARY SCHOOL GYMNASIUM this injures the precious critters. Amphibians are declining worldwide so it's important to try to appreciate these A Public Hearing will be held on Monday, April 29, 2019 at wet-place loving creatures and do all we can to help them. 7pm in the Eastford Elementary School Gymnasium for the Town Government and Board of Education budgets for the "DON'T BE LEFT IN THE DARK" Copies of the budgets are available in the afternoon of We also do hookups Call TODAY for a FREE April 24, 2019 at the Town Office Building, Eastford Elefor portable generators Quote on an certified by mentary School and the Library. They will also be available Automatic Stand-by GENERAC **GENERATOR!** DEALER • INSTALLER • TECHNICIAN MM

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Putnam Bank

TOGETHER WE MAKE A DIFFERENCE

Scout Troop 92 Report February-March Scout activities: Scout Sunday: Scouts and Cub Scouts attended church services at St Philip's church; Pinewood

Derby: Cub Scouts raced gravity powered race cars; Court of Honor Scouts received awards and advancement in rank; Joint Campout with Pomfret Scout Troop. Upcoming activities:

TOWN OF EASTFORD

FISCAL YEAR 2019-2020

fiscal vear 2019-2020.

at the hearing.

Board of Selectmen

Town of Eastford

Wednesday, April 17: Tour of the Lego plant in Enfield during school vacation;

Saturday, April 6: Applebee's fund raiser;

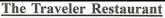
Saturday, April 20: Easter flower sale at the old Post Office building in Ashford;

Saturday, May 11: Mother's Day flower sale. Many hanging baskets and other items to choose from;

Saturday, May 18: Kick-off bike ride on the East Bay Bike Path in R.I. It's a fun ride along scenic Narragansett Bay;

Most Scout meetings are Thursday evenings at 7pm at Knowlton Memorial Hall next to Cumberland Farms store. New members and visitors are welcome.

Nord Yakovleff, Assistant Scout Master; Cory Blanchette, Scout Master



The Traveler Restaurant Book Store is open all restaurant hours. Come enjoy the great food, pick out your three Free Books, then wander through our "Best Cellar" book store.

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7am-8pm Sun. thru Thurs., Fri. & Sat. open until 9:00 pm



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Pilates Studio 111 Eastford, CT (860) 974-2636 Apparatus & Mat Certified since 2003 BUY ONE GET ONE - one lesson - GRATIS April 20 Scout Troop 92 Flower Sale Ashford Town Hall

April 20, 10 am Egg Hunt at Eastford Elementary School

Easter Services

CONGREGATIONAL CHURCH OF EASTFORD 8 Church Road, Eastford www.cceastford.org 860-974-0294 <u>Good Friday Service</u> Friday, April 19 at 7pm Join us, together with Eastford Baptist Church. <u>Easter Sunrise Service</u> Sunday, April 21 at 6am Free breakfast to follow <u>Easter Morning Service</u> Sunday, April 21 at 10:30am

EASTFORD BAPTIST CHURCH 133 Union Road, Eastford 860-974-1414 www.eastfordbaptist.com Good Friday Service - April 19, 7pm (at the Congregational Church of Eastford -8 Church Rd.) Sunrise Service - Sunday, April 21, 6am (at Buell's Orchard-108 Crystal Pond Rd.) Easter Breakfast - Following Sunrise Service (at Eastford Baptist Church) Resurection Sunday Worship Service Sunday, April 21, 10:30am (at Eastford Baptist Church) ***********

Woodstock Academy Events (Partial list):

April 26, 7:30pm Lenny White & Friends Center for the Arts Join three-time Grammy award winner Lenny White & Friends for an evening of Jazz and more. Tickets \$25: Information: wacenterforthearts.org or 860-963-6789

Model United Nations Conference April 27, 8am—5pm Woodstock Academy North Campus Delegations from area schools come together for a day of debate and diplomacy. Information contact: Sara Dziedzic, Model UN Advisor sdziedzic@woodstockacademy.org

Giving Day—Make a Gift to Honor a Mentor April 30 www.woodstockacademy.org/makeagift Family Music Classes —Free April 2, 16, 23, 30—10 to 10:30am Congregational Church of Eastford, 8 Church Rd. www.cceastford.org/events/.

"Beyond the Gold" Sports Camp July 22 – 26, 2019 8:30 am – 12:15 pm \$50 per camper!

Sports Camp for kids ages 4 - 12 years old is to be held at the Eastford Elementary School the week of July 22 - 26, 2019 from 8:30 am - 12:15 pm each day. Only \$50/camper for the week! Soccer, basketball, and cheerleading (girls only) offered, as well as Team 45 skills camp for ages 4 and 5 (sports skill development program which includes activities like running, kicking, throwing, catching, jumping, dribbling, etc.). Sponsored by Congregational Church of Eastford, Eastford Baptist Church, and Living Proof Church. Christian college student athletes from Uncharted Waters run the program with the assistance of trained church community volunteers. Quality sports instruction. Positive role models. Daily Bible times and Take-Home studies. Skits and fun. Every camper receives a Camp T-Shirt and Daily Collector's Pin. Campers encouraged to bring their own balls for maximum playing time. Online signup coming soon at <u>www.cceastford.org/events/</u>.

LIBRARY NEWS by Susan Shead

Spring is here! National Library week is April 7 through 14th. This is a great time to get a library card. If you live in Eastford, you must show evidence that you live in town. A driver's license or a piece of mail would be just the thing. If you live out of town you must present your library card (up to date of course!) from your hometown and we will put you in our system.

The library will present magician Ed Popielarczyk during school vacation week-SEE BELOW.

A Mother's Day Story Time and Craft will take place for children ages 3+ on Saturday May 11th at 10:30AM Registration is required on or before Saturday May 4th. Call the library at 860-974-0125 or email the library at <u>eastfordpublib@gmail.com</u>. Leave your child's name age and phone number.

The downstairs project at the library is almost complete. However, all of the library books in the downstairs collection are still being housed elsewhere. We apologize for the inconvenience this has caused our library patrons. Thank you for your continued patience in this matter. If you are looking for a particular book that is not here at the moment we can put in an inter-library loan for you. Just ask at the circulation desk.

Tax forms (both federal and state) are no longer available at the library. Patrons can go online at <u>www.irs.gov</u> and print the forms themselves.

There are discount passes available for Mystic Aquarium, Roger Williams Park Zoo, The New England Air Museum, and free admission passes to the New Britain Museum of American Art, Wadsworth Atheneum and Connecticut's Old State House. We also have 20% off general admission coupons to The Connecticut Science Center.

Please note: The library hours are Monday 3-8pm, Tuesday 10am to 8pm, Thursday 3-8pm and Saturday 9am to 1pm. Magic Show

Eastford Public Library Monday April 15, 2019, 4pm Come to a magic show during school vacation week! No Registration is required for this event!

EASTFORD GROVE CEMETERY ASSOCIATION, INC. Notice

Submitted by the Board of Trustees

Flags: American flags and Fire Department Flags will be placed at the cemetery on Friday, May 24th @ 5:00 p.m. The Memorial Day weekend is May 25-27, 2019; all flags are removed after Veterans' Day, November 11th.

Flag Holder: If you are interested in ordering a flag holder for your veteran's flag, contact Lauren Anderson at 860-974-1349 by Friday, May 10th.

Plot/Space Purchase: Appointments can be made to view the cemetery grounds and to select a plot for purchase. To make an appointment, call 860-974-1349.

- Plot Diagrams Available: Plot owners, or a family member, may obtain a diagram of their plot by writing to: EGCA, INC. P.O. Box 284, Eastford, 06242.
- Mowing Season: Between March 15th and Thanksgiving, only live flowers may be planted, or placed in plastic pots, within 12" of the base of the monument; all artificial flowers and ornaments are prohibited during the mowing season and will be removed.
- Donations Appreciated: If you would like to contribute in any amount to the beautification of the cemetery and future projects, please send your tax deductible donation to: The Eastford Grove Cemetery Association, Inc., P.O. Box 284 Eastford, CT 06242 (Note: Grove Cemetery does not receive funding from the town.)
- For more information, contact a member of the Board of Corporators: Joe Andert, Bill Bibeault, Audrey Carabeau, Carol Day, Jim Ellis, Tom Fabian, Ken Grube, Bev Lindemann, Fave Logee, Jim Vaida, Paul Vaida

Board of Trustees: Lauren Anderson, Herman Barlow, David Barlow, Scott Huri, Alex Kowalchuk, Linda Torgeson, Rick Torgeson

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Send to: Eastford Grove Cemetery Assoc., Inc. P.O. Box 284, Eastford, CT 06242

Dear Readers:

We hope you contribute to The Eastford Communicator. Ads do not cover printing & postage costs. The Communicator is Eastford's main source of news about events, town government, organizations. We need donors to support this effort if we are to continue. If you can, please send a donation. Thank you!

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City/State/Zip_ Please make checks payable to: Eastford Communicator PO Box 253, Eastford, Ct 06242 THANK YOU!

The Volunteer Staff of The Communicator

ATTENTION: All articles & news for The Communicator must be submitted to E-mail: eastford.communicator@gmail.com

Amount:

All items for The Eastford Communicator must include submitter's name, address & telephone, for verification. All items submitted are subject to editing. The Communicator reserves the right to reject any submissions. Opinions expressed are those of the submitters and not necessarily those of The Communicator. The Communicator does not print letters to editor, or items it regards as offensive or slanderous. Carol Davidge, Editor

Tips for Today-by Liz Ellsworth BE Happier! There's a new study that suggests that living near greener, nature-filled spaces during childhood leads to a happier adulthood. Living in our area, we know how wonderful the natural surroundings are. This study further proves that we all need to get outside even more! So, get outside and get walking, biking, paddling, team-sport playing, hiking, running, rock climbing, fishing, reading, talking, observing, star-gazing, birding, etc. To read more about the study, visit: https://www.npr.org/ sections/health-shots/2019/02/25/697788559/greener-childhoodassociated-with-happier-adulthood



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