



The Eastford Communicator

July, 2015 Calendar

- 1 Nahaco Commission, Camp Nahaco, 7:00pm
- 2 Gentle Yoga, TOB, 11:00am-12:00pm
- 3 Yoga, TOB, 8:15-9:15am
- 6 BOS, TOB, 7:00pm
- 7 Summer SingJam, Camp Nahaco, 6:30-8:30pm
Conservation & Historic Comm, TOB, 7:00pm
- 8 Recreation Commission, TOB, 2:00pm
Registrars of Voters, TOB, 5:00-7:00pm
Yoga, Camp Nahaco, 6:00-7:00pm
- 9 Gentle Yoga, TOB, 11:00am-12:00pm
- 10 Yoga, TOB, 8:15-9:15am
- 14 Summer SingJam, Camp Nahaco, 6:30-8:30pm
- 15 Yoga, Camp Nahaco, 6:00-7:00pm
- Communicator Deadline**
- 16 Gentle Yoga, TOB, 11:00am-12:00pm
- 17 Yoga, TOB, 8:15-9:15am
- 18 **Experience Eastford, Town Center, 10:00am-3:00pm**
Frog Jump & Events w/Cookout, Congregational Church,
5pm
- Free Outdoor Movie, EES, 8:45pm
- 20 Kid Event "Read to the Dogs," Library, 6-7:30pm (register)
- 21 Summer SingJam, Camp Nahaco, 6:30-8:30pm
- 22 Registrars of Voters, TOB, 5:00-7:00pm
Yoga, Camp Nahaco, 6:00-7:00pm
- 23 Gentle Yoga, TOB, 11:00am-12:00pm
Inland Wetlands Commission, TOB, 7:00pm
- 24 Yoga, TOB, 8:15-9:15am
- 28 Summer SingJam, Camp Nahaco, 6:30-8:30pm
Republican Town Committee, TOB, 7:00pm
- 29 Yoga, Camp Nahaco, 6:00-7:00pm
- 30 Gentle Yoga, TOB, 11:00am-12:00pm
- 31 Deadline: Transfer Station Stickers, TOB
Yoga, TOB, 8:15-9:15am

INSIDE
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Family Fun - July 18

IN APPRECIATION

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BRODEURBITS

[Brodeurbits is a regular compilation of writings and ramblings from the First Selectman and others and elsewhere, some profound, others mundane; all hopefully of interest and import, aimed at communicating and informing.]

[This Month: Celebrating Our Heritage and Displaying Our History, Passing Budgets and Selling Stickers, Burning Rules and Building Fees]

Eastford's Heritage Day festivities, in a new and expanded format and with "Experience Eastford" as its theme, will be held on Saturday, July 18, 2015, at venues throughout Town, starting at 9 a.m. and running until dusk. A large and hardworking Heritage Day Committee, under the chairmanship of Selectman Terry Cote, has been working diligently to develop a creative and full program of activities for the Day. Among the many, many features are the traditional Heritage Day activities and displays at the Eastford Elementary School, a talent show, arts and crafts, a bike parade, birds of prey, flag retirement, a Native Drum

continued on next page

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Circle, vintage cars, Touch-a-Firetruck, live music, a Moonbounce, an outdoor movie, and new this year, the incorporation of the Congregational Church's annual Frog Jump Contest and affiliated events into the celebration of Eastford's heritage. The full schedule of events is available on flyers throughout town and on the Town website at www.townofeastford.org. So, come one, come all to this Heritage Day which provides common ground for us all to partake and to participate and to take pleasure and pride in the Town in which we live.

While our Heritage takes account of things passed from earlier generations to the present generation, it is our History which is an accounting of things which have happened in the past. In this vein, I commend to your viewing and reflection the Eastford Historical Society's recently updated and renewed display of Eastford historical memorabilia located in cases in the Lower Town Office Building.

I want to take this opportunity to thank the citizens of Eastford for their support of the Fiscal Year 2015-16 budgets for Town Government and the Board of Education. Both budgets passed unanimously and by voice vote at the Budget Town Meeting on May 18, 2015. The Total Revenues projected, proceeding from the Town Grand List of \$141, 728,950 from which all municipal budgeting derives, are \$5,439,393. Expenses total that same amount with the School budget of \$3,805,201 and a Town Government budget of \$1,634,192. The budget adopted by Town Meeting led the Board of Selectmen to set the mill rate for FY 2015-2016 at 25.11 mills, an increase of .3 mills or 1.3 percent. The budget adopted on May 18 was the first under the Town's 2015 Budget Modernization Project aimed at a more professional approach to Municipal Budgeting and Long-Term Capital Improvement Planning. All of our Eastford budgeting has been done in the context of the vol-

atility surrounding the Gubernatorial and Legislative Budgets, a discussion which continues as the General Assembly moves toward a late June Special Session. As far as can be currently ascertained the infusion of monies projected to come to Eastford from whatever budget is adopted seems to be relatively stable with no major cuts apparent or envisioned. However, volatility and uncertainty are the watchwords here and it won't be over until the Governor signs.

Current year Transfer Station permit stickers expire on July 31. You must have a new sticker displayed in the lower driver's side corner of your windshield by August 1, 2015. Transfer Station stickers, the cost of which remains at \$40, will be on sale at the Transfer Station on Wednesdays July 8, 15, 22 and on the weekends of July 11/12, 18/19, 25/26 during regular Transfer Station hours. Permits can also be purchased at the Town Office Building on Tuesday and Wednesday July 21/22 and July 28/29, also during normal business hours. Please have your vehicle registration with you to verify residency in Eastford.

Please be advised that at certain points in the Westford Road drainage project currently underway from the center of Town up to John Perry Road, it may be necessary to close that portion of Westford Road necessitating the detouring of traffic down John Perry onto Old Colony Road.

Roof repairs at the Town Garage, specifically fastener and seam repairs aimed at stopping leaks and damage to the foam filler, has been completed. Various projects at the Town Office Building such as painting, tile and molding repair, new window installation, and gutter and roof-affiliated repairs, are either completed or underway. We are awaiting State Department of Public Health approval of site plans for a new well to serve both the School and the Town Office Building. As soon as that approval is forthcoming, digging will begin.

continued on next page

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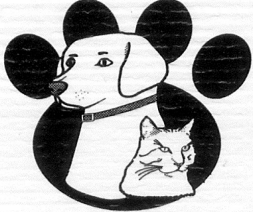
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A traditional Public Works Summer activity is roadside mowing and that will soon start.

At this point in the year, particularly with a seasonal susceptibility to grass and other fires, it is worthwhile to reiterate the Open Burning rules and regulations for the Town of Eastford. Open Burning is limited only to the burning of brush [i.e. shrubs, vegetation, or prunings] which do not exceed three [3] inches at the widest point. Leaves and grass are not considered brush and are prohibited from being burned. Burning of stumps is illegal in the State of Connecticut. Anyone wanting to burn must contact the Eastford Burning Official, James Roy, and obtain a written permit. Specific regulations state that burning is only permitted between the hours of 10 a.m. to 5 p.m.; the fire must be extinguished by 5 p.m. Burning is not permitted when the Forest Fire Level is High, Very High, or Extreme. Burning is not permitted when the Air Quality Index is predicted to be 75 or higher. At any time an open burn may be extinguished at the discretion of the Town Burning Official, the Fire Marshal, or any officer of the Eastford Independent Fire Company, or any official of the Health Department or the State Department of Energy and Environmental Protection. The burning of brush within one hundred [100] feet of a structure is prohibited. A brush pile must not exceed twenty [20] feet in diameter and wind speed must not exceed fifteen [15] miles per hour.

Effective July 1, 2015, a new schedule of Building Inspection Fees is in effect. The new fee schedule includes an increase in some fees, such as the base fee and the remodeling fee, and the introduction of new fees, such as those for woodstoves, temporary installations, and building relocation. The complete schedule of fees is available from Building Official Joe Pajak.

EASTFORD FOOD PANTRY AVAILABLE TO HELP

The number of families using our food pantry continues to grow. The families we help are all so grateful to everyone in this community for their continuing support. If you know anyone in Eastford in need of food, or if you are in need of food, please place a confidential call to Steve or Karen at 974-1618. Food is distributed by appointment on a monthly basis.

The following is a list of items we are in need of: spaghetti sauce, macaroni and cheese, cereal, oatmeal, side dishes (potatoes, rice, stuffing), tuna, canned fruit, juices, peanut butter and jelly. In addition to those items, families always appreciate when we can provide: toiletries, coffee, tea, condiments, sugar and flour. Please consider a monetary donation with checks made out to the Town of Eastford; write "Food Pantry" on the memo line. This will enable us to maintain a supply of most needed items. Please know that we appreciate each and every donation.

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LIBRARY NEWS

BY: SUSAN SHEAD

The summer reading program begins on Thursday June 25th. Every hero has a story is the name of our program. Children who sign up are eligible for prize drawings that are held throughout the summer. Special events this summer at the library include Read to the Dogs on Monday July 20th from 6:00-7:30 PM (registration necessary) and Nappy's Puppets on Saturday August 8th at 10:30AM.

Some new items at the library include Solitude Creek by Jeffrey Deaver, Memory Man by David Baldacci, God help the Child by Toni Morrison, The Green Road by Anne Enright and No time for Goodbye by Linwood Barclay.

There are discount passes available for Mystic Aquarium, Roger Williams Park Zoo, The New England Air Museum, and free admission passes to the New Britain Museum of American Art, The Wadsworth Atheneum and Connecticut's Old State House. We also have coupons for 20% off admission to the Connecticut Science Center. We also have State Parks and Forests Day pass. This pass can be used to cover the cost of parking at state parks and forests where there is an established parking charge.

Please note:

The library will be closed on Saturday July 4th in observance of Independence Day.

The library hours are Monday 3-8pm, Tuesday 10am to 8pm, Thursday 3-8pm and Saturday 9am to 1pm.

The Eastford Public Library
Summer Reading Program 2015

Every Hero has a Story

Registration begins Thursday June 25th

Grades 6+ Become a Junior Volunteer at the library this summer and

Have a children's book dedicated in your name!

Eastford Readiness Initiative
AKA Eastford's Preschool Program
Jennifer Barlow
www.eastfordct.org

Update

The Readiness Program is currently accepting registration for the 2015-2016 school year. If you would like a form please contact the school office or find the registration form on the school's website.

Preschool has been busy. They have gone to the Library, Southwick Zoo, and a trip to Barkerwoods. They also had a treat of seeing Curious George the play at the Hyde School. Going out isn't the only treats the class has enjoyed. They visited by the K9 police unit and Chinese acrobats. Those of you who missed the parenting workshop you missed a night filled with great tips on ways to positively build up your child's self-worth. We look forward to providing another workshop in the 2015-16 school year. We hope you all have a fabulous and safe summer!

For more information on the program please look on-line at the Readiness Handbook or by contacting the Head Teacher, Christine Kopplin at ckopplin@eastfordct.org or the Readiness Council Liaison, Jen Barlow, at jbarlow@eastfordct.org

Mark your calendar!

July 18th: Heritage Day. Look for our booth!

August 24th: Preschool Meet and Greet @ 3-3:45

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Report of the Eastford Scholarship Steering Committee/July

The Eastford Scholarship Steering Committee would like to join with the Board of Education and the entire Eastford community in commending and applauding Eastford's high school and Eastford Elementary School [EES] scholarship and award recipients. For those scholarships and awards within the Scholarship Committee's stewardship purview, following are the recipients:

- Dennis Barlow Scholarship—**Hannah Budd**;
- Eleanor K. Lewis Scholarship—**Kara Singleton**
- Edith Wheaton Smith Memorial Scholarship—**Jason Albrecht** and **Morgan Lundy**;
- Esther and Lucie Harmon and Leta Sabin Trepal Scholarship—**Hannah Budd, Jason Albrecht, Abigail Willis and Sierra Goodwin**;
- Mary King Sharpe Memorial Business Scholarship— **Abigail Willis**;
- Emil Vaida Scholarship— **Kara Singleton**;
- Harold Carpenter Fund Scholarship— **Sierra Goodwin**;
- Ethel Gardner Scholarship--**Stacey Yazo and Ryan Whittenburg**;
- Olivette Kozey Art Award—**Kyle Buell**;
- Roger Mason Day Memorial Award—**Emily Belanger**;
- Allen James Day Memorial Awards—**Taina Rodriguez and Ely Driscoll**;
- William Shand Memorial Award—**Justin Wise**; and
- William S. Warren Academic Award—**Madelyn Grube**.

Anyone wishing to add to one of the above scholarship or award funds, can do so by contacting the organization charged with managing Eastford's scholarship funds, the Community Foundation of Eastern Connecticut,

We further equally commend and applaud all these Eastford students who were award recipients at Woodstock Academy and at EES:

Woodstock Academy:

Other Eastford Elementary School Awards:

- Victoria Arnold**—Marilyn Krom Award (PTO);
- Nikolas Jakubowski**—Eastford Teachers Memorial Award;
- Ely Driscoll**—Citizenship Award/Eastford Independent Fire Company;
- Shannon Hermann**—Otto F. King Award;
- Luke Mathewson**—American Legion Award;
- Madelyn Grube and Ely Driscoll**—Presidential Academic Fitness Award;
- Jonathan Latham**—Math/Science/Technology Award;
- Avery Beausoleil**—Joseph St. King Award,
- Madelyn Grube and Ely Driscoll**—Presidential Academic Fitness Award;
- Madelyn Grube and Ely Driscoll**—Local Hero Scholarship;
- Ivy Young**—Arboriculture Award;
- Kelsey Tyler and Nicole Marmat**—Humanities Award.



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**LEGAL NOTICE
TOWN OF EASTFORD**

NOTICE IS HEREBY GIVEN TO ALL TAXPAYERS of the Town of Eastford, Connecticut that a tax with a **Mill Rate of 25.11** laid on the assessment date of October 1, 2014 is due and payable at the office of the Tax Collector as follows:

FIRST INSTALLMENT DUE: July 1, 2015 LAST DAY TO PAY: August 3, 2015

SECOND INSTALLMENT DUE: Jan. 1, 2016 LAST DAY TO PAY: February 1, 2016

If payments not received or postmarked by the **LAST DAY TO PAY** listed above, the tax bill shall become delinquent and subject to interest from the initial due date.

INTEREST shall be charged at the rate of one and one-half percent (1 ½%) for each month or fraction thereof. (18% annual percentage rate) **MINIMUM INTEREST SHALL BE NO LESS THAN \$2.00.**

ALL MOTOR VEHICLE TAXES, as well as Real Estate and Personal Property taxes in the amount of \$100 or less, are due **IN FULL on July 1, 2015** and must be paid on or before **August 3, 2015.**

FAILURE TO RECEIVE A TAX BILL DOES NOT RELIEVE OR EXCUSE THE OBLIGATION OF THE TO BILL DUE. (Connecticut Gen. Statutes - Sec. 12-130).

Tax Office Hours: Tuesday and Wednesday from 10:00 a.m. to 4:00 p.m.; Second and Fourth Tuesday evening from 4:00 p.m. to 6:30 p.m. Taxes may also be paid online on the town website at www.townofeastford.com (a convenience fee applies).

DATED AT EASTFORD, CONNECTICUT THIS 20TH DAY OF MAY, 2015.

Christine E. Hustus
Tax Collector, Town of Eastford

Fiddle & Song
Tom French
tomfrench@charter.net



An Eastford Talent Show will complement our Heritage Day at 1:00. There is still time to join us and share your abilities and imagination in music, dance, drama, and humor. All ages are encouraged to share their talents, perhaps whole families. To help things go smoothly, there will be a rehearsal the evening before. If you need accompaniment, piano or guitar can be provided, as well as any other assistance to help your act happen the way you want it to happen.

To make this a rewarding event for all the performers and audience, we will be asking for other activities in the school gym to quiet down and inviting everyone to take a seat and give each and every performer a rousing and enthusiastic welcome, and an equally hearty thanks. The role of the audience is just as important as that of the entertainer. So as the days draw closer, and the acts come together, do your part to gather a truly great audience that is ready to give one hour of great welcome to the people you know and love the most.

Having been a resident of Eastford all my life, the anticipation of the upcoming talent show reminded me of Eastford's Minstrel Shows. It was a tradition that preceded me, but I can remember the very last Minstrel Show that was staged in the Ivy Glenn building in the middle of the 1950's when I was about ten. It seemed like the most exciting event in Town. Everyone in Eastford was there. And if they weren't on the stage ready to do their specialty act, crack the next joke, or sing along with the next chorus; they were in the audience laughing, clapping, cheering, and simply being amazed by the surprises cooked up by friends. What a hoot! And definitely very special!

Notice of Democratic Caucus

To enrolled members of the Eastford, CT Democratic Party pursuant to the rules of the Democratic Party and State election laws, you are hereby notified that a caucus will be held on: July 21, 2015, at 7:00pm at the Ivy Glen Library, Eastford, CT. to endorse candidates for the upcoming Municiple Election and to transact other business as may be proper to come before said caucus.

Betsy DiQuattro, Chair
Eastford, CT
July 1, 2015

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INSIDE PROFILE: CHRIS BOWEN

by Sue Orcutt

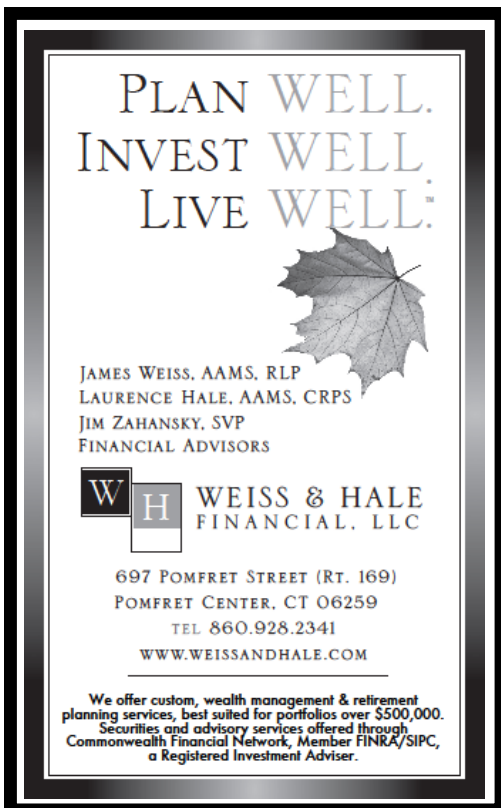
When I interview people in their homes, I get a better perspective of who they are, but with Chris Bowen, I knew I would learn more by meeting him at his work place. All of us in Eastford have walked or driven by Eastford Fire & Rescue Sales, Inc. next to the fire department hundreds of times, but few of us know what's going on there. When I walked into the garage, I could feel the energy of a thriving and bustling business, humming like an efficient beehive. Chris had just returned from a weekend at the Connecticut EMS Expo at Mohegan Sun. EF&R was the champion sponsor, earning them the privilege of putting their name on their competitors' name tags, and to have Holly, Nick, Titus and Dan from A&E's Nightwatch in front of their booth signing autographs.

The history of Bowen's Garage began with Chris' grandfather, Oliver, who opened a car repair shop in 1922, which became a Ford dealership in 1930. Chris' dad, Charles Bowen, preferred working on trucks, tractors and trailers, so, in 1953 Charles opened his own garage in the white building in front of the baseball field on route 198. (Charles' brother, Spencer, stayed with the cars.) Then in 1968 Charles bought the building where EF&R is currently located, which used to be Alfred Warren's John Deere dealership. At seven years old, Chris pushed a broom, made coffee, and changed tires. Chris knew his real interest was in the mechanical end of the business. In 1979 he attended the American Automotive & Diesel School in Denver. When he returned to Eastford, he assisted his dad with the business, and in 1992 he bought Eastford Truck Sales Inc. & Eastford Fire & Rescue LLC. In 2011 the business became Eastford Fire & Rescue, Inc.


Chris' closest competitor is in North Haven, CT and there may be half a dozen others in New England. You might think this is why EF&R's parking lot is always packed with emergency vehicles from all over, but you'd be only half-right. Chris prides himself on providing better service than anybody in New England, and parts of New York. He understands what service is. Chris gives all the credit to his staff. Chris says that the place runs just as efficiently when he's not there. "They are excited about their jobs. Helping out a few ambulances daily has the ripple effect of helping many." EF&R employs 23 staff members, including three part-time drivers. This allows pick-up and delivery of emergency vehicles without impacting volunteer fire and rescue company members. The driver leaves a chase vehicle at the site and drives the emergency vehicle

to Eastford. EF&R repairs vehicles, and also sells brand new "Life Line" ambulances from Sumner, Iowa. Two of his drivers fly out to Iowa and drive the ambulance back to Eastford for finalization before delivery to customers. Two new demos are always on the lot for customers to review at their convenience. Some towns buy new. Chris buys the chassis from Ford or Dodge, and has the body built according to the customer's specifications by Tony Testa. Other towns have Chris refurbish their ambulance, or buy a refurbished ambulance that is on the lot. Eight other ambulances are rentals or loaners. To provide all these services EF&R has a parts department, a paint shop, a remount and refurbish shop, and a repair and maintenance shop.

Chris loves ambulances and thrives on providing the best customer service possible throughout the EMS community. It is where his heart is. In 1984 he became an EMT on the Eastford Fire & Rescue team. He wanted more action and joined the KB (Killingly/Brooklyn) ambulance service, where he gained more experience and delved deeper into the ambulance world, eventually training other EMTs. A motorcycle accident in 2008 left him unable to continue serving as an EMT, but he is still certified and utilizes his skills if he encounters an emergency situation. Chris' high standards for his business leaves Eastford proud to have such a quality business in town.



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News You Can Use

Emergency Management
Deb Richards, Emergency Management Director
Quiz for Kids

1. What is NOT one of the 4 steps you can take to help your family be prepared for emergencies?

- a. Eat your vegetables
- b. Make a kit
- c. Make a plan
- d. Be informed
- e. Get involved

2. What should a family communication plan include?

- a. Information on how you would get in touch with each other during an emergency?
- b. Where you would meet?
- c. How we would remain in contact?
- d. All of the above?

3. How much water should you have in your Ready Kit?

- a. One small bottle for each person?
- b. One gallon for the whole family?
- c. One gallon of water per person per day?
- d. One gallon for the hole family per day?

4. Which of the following is NOT an important part of a kids Emergency Supply Kit?

- a. Flashlight
- b. Batteries
- c. Water
- d. Video Games

5. In an emergency, what should you have available to hear news and official reports about what is occurring?

- a. A hand –crank powered radio
- b. A CD player
- c. A board game
- d. DVD player

Answers 1. A, 2.D, 3.C, 4.D, 5.A

Legal Notice
Town of Eastford
Republican Caucus

Notice is hereby given that there will be a Caucus of all enrolled members of the Republican Party in Eastford on Tuesday, July 28, 2015 at 7:30 PM in the Town Office Building Basement for the purpose of endorsing candidates for municipal offices for the election to be held on November 3, 2015.

Attest: Jennifer Page
Chairman
June 15, 2015



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Eastford Seniors

By Linda SM dos Santos

On **June 16th**, members of the Eastford Senior Citizens (ESC) traveled by car caravan to North Grosvenordale to enjoy an All-the-pizza-&-salad-you-can-eat" meeting at the Thompson House of Pizza. The next gathering is **ESC Family & Friends Potluck Picnic** on **Sunday, July 12**, 12noon - 3 PM at Nahaco Park's waterfront Main Dining Hall, Weeks Rd, Eastford, CT. Bring your Potluck food items to share at 11:45 AM. The eating begins at 12Noon. (No alcohol permitted.) The Election of Officers for July 2015 to June 2016 is at 2 PM. Please RSVP, by Fri. July 10, Call/text 860-538-8868. All Eastford seniors (50+) welcome.

Saturday, July 18 Eastford Heritage Day Bike Decorating, Best Dog, Recycling & Frog Jumping Contests, Silent Auction, Birds of Prey, Native Drum Circle, Cat & Dog Adoption, Talent Show, Open Fire House, Bowen's Vintage Car Show, Frog Rock Music Event & Coriander Café Craft Fair.

Wanted: Exhibitors, Artists, Crafts call Claire 860-974-0049, Farm Animals & Displays call Terry 860-974-0133, &Volunteers -Senior Table call Judy 860-707-2004.

SAVE the DATE: ESC Mealtime with Music on **Sunday, August 16**, 12noon - 3 PM at Nahaco Park's waterfront Main Dining Hall, Weeks Rd, Eastford, CT. Seniors & their families enjoy a meal and music. Members \$5, non-members \$8 Please RSVP by Tues., Aug, 11, call/textLinda860-538-8868.(No Alcohol Permitted)

You can reach Robert Williams, the Eastford Agent for

the Aging at 860-974-1034 9-5, M-F, williarob@me.com

FREE Charter Oak Pass, provides access to State Parks & Forests, Quinebaug Valley Hatchery, & Dinosaur Park, CT residents 65+ mail a legible photo copy of your current CT driver's license or legal proof of age & residency to: DEP Charter Oak Pass, State Parks Div., 79 Elm St., Hartford, CT 06106, 860-424-3200.

From BOE


At its June meeting, the Eastford Board of Education updated its bylaws regarding Officers and Committees. In effect, the updates have created a standing Executive Committee of the Board.

The Eastford Board of Education approved raises for employees who are not part of collective bargaining and the tuition rate for the 2015-16 school year. More specific information is included in the minutes which are posted on the website

http://www.eastfordct.org/files/168550/minutes_june_2015.pdf

The Board of Education appointed Margherita Nichols-Shaw to fill the vacancy on the Board. Ms. Nichols-Shaw had been recommended by the Eastford Democratic Committee.

Also in June, the Eastford Board of Education decided to purchase soundproof panels for the stage so that the stage can be used as a classroom and the temporary building can be used as storage.



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FROM: JEANNINE SPINK, PRESIDENT

Mark your calendars NOW! The Chicken BBQ is scheduled for Saturday, August 15th from 4:00 – 6:00 p.m. The menu consists of: 1/2 chicken, potato salad, cole slaw, roll, and ice cream. Eat-In or “Drive-Thru” convenience. All dinners are \$10.00 each.

Tickets will be on sale July 1st and available for purchase until Saturday, August 8th at 12:00 noon. Tickets will not be sold at the door. To reserve your dinner(s) before August 8th, contact any member or call John Paquin at 860-974-0256 or Jeannine Spink at 860-974-1678.

On May 28th and May 29th, EMS Captain Spink had the privilege of visiting each grade at the EES to provide age-appropriate first aid tips and demonstrate CPR/ Heimlich Maneuver. Before leaving the school on the 29th, Captain Spink participated in a mandatory “intruder” drill. Teachers secured their classrooms quickly and efficiently by turning off lights and locking doors. Students were then accompanied to their designated areas of safety. While waiting for the “all safe” message, they were distracted in various ways by their teachers, avoiding panic. PARENTS: Your children are safe in any emergency situation while at the EES.

On Tuesday, June 2nd, the EIFC held it’s annual dinner and business meeting. Every two years elections are held to fill fire and business positions. The results for 2015 – 2017 are:

- Chief: Gordon Spink, Jr.
- Deputy Chief: Doug Beaudoin
- Captain: James Roy
- Lieutenants: John Paquin, Ryan Yakis, Matt Yakis, Nate Fabian
- EMS Captain: Jeannine Spink
- EMS Lieutenant: Debi Johnson
- Fire Police Captain: Lincoln Budd
- President: Jeannine Spink
- Vice President: James Roy

Secretary: Debi Johnson
Members-At-Large: Dwain McNeal, Jen Pedersen

TIP OF THE MONTH: TAKE STEPS TO STAY SAFE AROUND WATER

Swimming is the most popular summer activity. The best thing you can do to help your family stay safe is to enroll in age-appropriate swim lessons.

MAKE WATER SAFETY YOUR PRIORITY

- Swim in designated areas supervised by lifeguards.
- Always swim with a buddy, do not allow anyone to swim alone. Even at a public pool, lake, or beach, use the buddy system.
- Ensure that everyone in the family learns to swim well.
- Never leave a young child unattended near water and do not trust a child’s life to another child.
- Have young children or inexperienced swimmers wear an approved life jacket around water. Establish rules and enforce them without fail, i.e., set limits based on each person’s ability, do not let anyone play around drains and suction fittings, and do not allow swimmers to hyperventilate before swimming under water or have breath-holding contests.
- Even if not swimming, be cautious around natural bodies of water. Cold temperatures, currents and underwater hazards can make a fall into these bodies of water dangerous.
- If you go boating, wear a life jacket. Most boating fatalities occur from drowning.
- Avoid alcohol use. Alcohol impairs judgment, balance and coordination, affects swimming and diving skills and reduces the body’s ability to stay warm.
- Install and use barriers around a home pool or hot tub. Safety covers and pool alarms should be added as additional layers of protection. If you have an above-ground or inflatable pool, remove access ladders and secure the safety cover whenever the pool is not in use.
- Keep toys that are not in use away from the pool and out of sight. Toys can attract young children to the pool.

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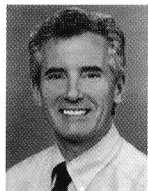
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Tips for Today

by Liz Ellsworth

Summer is here and school is out for the year! It's a great time for a family to see how eco-friendly they can be. Elect to have a summer "green" project at home or in the community. How planet-friendly might you make the following activities: picnic at the local lake, hike in the Yale Forest, play date at the EES school playground, yard work at your home, litter cleanup along the roadside, fishing in the local rivers and streams, and various other activities through your community groups? Enjoy the lazy days of summer!

ATTENTION

All articles & news for The Communicator must be submitted to Deb Yazo:
E-mail: eastford.communicator@gmail.com
Deadline: 2nd Wednesday of each Month

Eastford Communicator Volunteers

| | |
|--------------------|-------------------------|
| Executive Editor | Carol Davidge |
| Composition/Layout | Deb Yazo |
| News Collection | Deb Yazo |
| Volunteers | Ruth Yulo Tom French |

All items for The Eastford Communicator must include submitter's name, address & telephone, for verification. All items submitted are subject to editing. The Communicator reserves the right to reject any submissions. Opinions expressed are those of the submitters and not necessarily those of The Communicator. The Communicator will not print items it regards as offensive or slanderous.

Dear Readers:

We hope you will contribute to The Eastford Communicator. Advertising revenues do not cover printing and postage costs. The Communicator is Eastford's main source of news about local events, town government, committees, organizations. We need donors to support this effort if we are to continue. If you can, please send a donation. **Thank you!**

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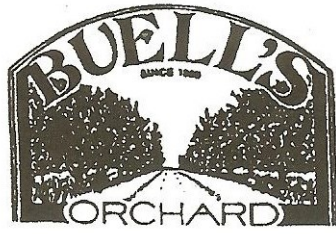
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