

The Eastford Communicator

Selectman's Snippets:

Budget – After the Board of Finance/Board of Selectman met many hours and multiple days for months to draft a Town Budget, the Townspeople have voted to adopt this budget. Following the Town Meeting on the budget, the Board of Selectman met to set the mill rate of 26.11. Therefore, a zero percent tax increase for the fiscal year of 2018-2019 has been set.

Union Society – The white building on the corner of 44 and 198 has some interesting history. Carol Davidge and members of the Union Society Committee work tirelessly to apply necessary improvements to the building with a wish that one day it can serve as a gathering place for the community as it did many years ago. It appears this building was erected using recycled structures. There are original walls built in 1806. Some windows and a door are dated 1700 keeping the conservative approach of recycled materials. This building was moved off route 44 in 1929, the foundation was replaced in 2008, the roof replaced in 2010. Donations are always welcomed to continue efforts of moving forward. Thank you to the Committee for your loyalty to this project - it is inspirational.



Cyclists – On June 22, 2018, 200 cyclists will travel on route 198 through our town for the 16th Annual ALS Therapy Development Institute (ALS TDI) Tri-State Trek. The Tri-State Trek raises funds and spreads awareness of the work ALS TDI is doing to find an effective treatment and cure for a horrific disease. ALS, also known as Lou Gehrig's disease or Moto Neuron Disease (MND), causes muscle weakness, difficulty breathing and swallowing, and paralysis while leaving the senses intact. Please share the road safely.

Recyclables – Please rinse plastic bottles and glass containers and only place acceptable recyclables in one bin! Acceptable recyclables include paperboard boxes, opened mail and greeting cards, loose metal jar lids and steel bottle caps, paper egg cartons, plastic jugs, paperback books, file folders, phone books, white and colored office paper, rinsed clean, balled aluminum foil and pie pans, empty aerosol cans, magazine, brochures and catalogs, newspapers and inserts, corrugated cardboard and paper bags, rinsed cans, rinsed paper milk/juice cartons. This request comes from Willimantic Waste Paper Co., Inc. Our future generation will be grateful by your actions to conserve our natural resources and protecting our environment.

Food Pantry – Adam Minor and his Youth Group from Eastford Baptist Church collected many food items to help stock the shelves of Eastford's Food Pantry. I really enjoyed the expression on Karen Broderick's face when Adam backed up his truck loaded with goods. It just amazes me to see how much generosity there is here in Eastford.

Dog License – All dogs should be licensed through the Clerk's Office during the month of June.

Police Services – During the month of April, Troop D responded to 24 calls. These calls of service included; Accidents: 3, Criminal Invest: 4, Burglaries: 0, Larcenies: 0, Traffic Citations: 16, Written Warning: 9, and Non Reportable Matters: 17.

Respectfully yours, Jacqueline Dubois, First Selectman

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Eastford, CT 06242

Of Special Note:

*Town Calendar—p. 11
EES 8th Grade Graduation, June 19, 7pm
EES 8th Grade Washington DC Trip, p. 10
Eastford Historical Quarterly (centerfold)*

Attention Families:

*Summer Sports Camp, Ages 4-12, p. 7
EBC Vacation Bible School, p.3
Library Offerings: Discounts & Passes to Museums, Mystic Aquarium, the Science Center & other destinations. Summer Reading Program for Grades 6+:
Registration starts June 25, p. 7*

Crystal Pond Park on Weeks Road is free and offers trails, disc golf, picnic & swimming areas, and event site rentals (donations welcome), p. 7

IN APPRECIATION

The Eastford Grove Cemetery Association thanks the following donors for their support of perpetual care:

June Staveski

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Alfred and Sally Warren

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Connecticut Magazine's cover story in March 1993 showed Eastford with Bowens Garage, Coriander, the Ivy Glenn, cows, trees and people walking around the village. Rankings were based on quality of life, affordability, good schools, low crime rate, leisure and other measures. Those qualities remain today. Information: www.eastfordct.org/ townofeastford and Facebook: Eastford CT 06242

From the Principal's Desk By Carole McCombe

As I reflect on my first year as Principal here in Eastford, I can't help but be impressed by the kindness, generosity and support of the community in ensuring that the students at Eastford School have what they need to succeed both academically and socially. Parents, local businesses and community organizations have been instrumental in supporting our efforts in so many ways! We greatly appreciate this involvement and support and our students benefit as a result. We are proud to have such strong community connections and look forward to continually fostering this partnership in the future. On behalf of the faculty and staff here at Eastford Elementary School we thank you for all you do!

We will be celebrating the end of the school year with an activity day for students on June 15. Classroom teachers are planning an activity for each grade level to "host" with parent volunteers. Other grades will rotate through the stations. The PTO will provide a pizza lunch for students. Prior to the activities, we will have our third trimester awards' assembly. This will begin at 9:00. It will be followed at 9:45 with a K-9 police demonstration and then the activity stations will begin. Throughout the day, beverages and treats will be available to recognize all the volunteers who have offered their time over the course of the school year.

The 2018, eighth grade graduation will be held on June 19 at 7:00 pm. The last day of school for students this school year will be June 20.

School will resume for students on Monday, August 27, 2018. The 2018-19 school calendar is available on the school's website: www.eastfordct.org under the 'Parent' tab.

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Eastford Clean Energy Task Force

This year's **Experience Eastford Day on Saturday, July 14, 2018** will have a new and interesting event:

AN ELECTRIC CAR RALLY!

Owners of different kinds of electric cars will rally in the Town Office Building parking lot. The cars will be available for inspection by the public, and the car owners will be happy to answer any questions about electric cars. The event is being sponsored by Eastford's Clean Energy Task Force. (The Ashford Clean Energy Task Force will be sponsoring a similar EV Car Rally at the Car Cruise Night on Thursday, 6/28/2018.)

Both events are being held to promote the use of electric cars. Electric cars are cheaper to operate than conventional gas-powered cars and offer additional benefits such as reduced maintenance, a smoother and quieter ride, and better handling because of a low center of gravity. The owners of the different cars will be happy to take people for rides and share the ins and outs of owning an electric car.

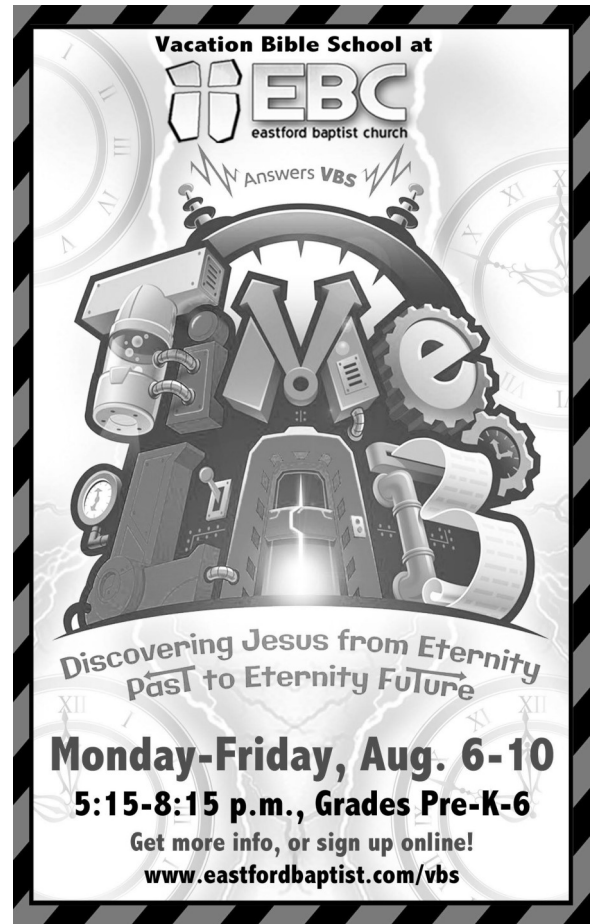
Mark Renburke, the Executive Director of Drive Electric Cars New England, a non-profit electric car advocacy organization, will also be on hand to present a brief slide show and to convince any disbelievers that electric cars are the way to go! The Eastford Clean Energy Task Force hopes you will take the time stop by and make the rally part of your Heritage Day experience.

If you ever wondered if an electric car might be right for you, this will be your chance to find out.

See you on Experience Eastford Day being held at Eastford Elementary School, 12 Westford Rd, Eastford, CT. Driving directions: <https://www.eastfordct.org/domain/1119>

ASHFORD EV CAR SHOW-June 28, 5-8pm, Car Cruise Night at Midway Restaurant, Rt. 44, Ashford

EASTFORD EV CAR RALLY & ENERGY FAIR, July 14, 10am-1:30pm at Experience Eastford Day at EES.



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News You Can Use

Deb Richards - EMD

The storm of May 15 was a good reminder to be prepared at all times. Have emergency food supplies on hand including; flash-lights, water, medical supplies, pet food etc. Make sure you have a way of communicating if there are no landlines and no electricity and an alternative place to meet if you cannot access your house. Go to www.ready.gov for more information on how to prepare your family!

Emergency preparedness word search

T E S T A A P W T T R K S P D
T C T C T C T A T W D C T R C
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R H E O O A K E R H W T N D I
F O O T M C D N S S O O I I S
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O H E S C S T S N I L A C M P
T I N L H T S E S H O E S O G
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A E D T S O S E H T O L C I L
S Y E N O M N D E T F O B E E
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Think about the different supplies you need in an emergency and find them in the word search. Once you're done, make sure your family's kit is stocked with these items: BLANKETS • FOOD • WATER • BATTERIES • FLASHLIGHT • MONEY • MEDICINE • MATCHES • CAN OPENER • FIRST AID KIT • GAMES • COMPASS • MAP • RADIO • WHISTLE • CLOTHES • PET FOOD • SHOES • JACKET

Board of Education by Linda Loretz

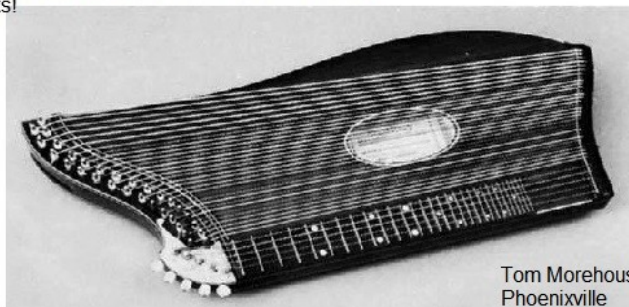
The Board of Education provided a wonderful breakfast for Eastford Elementary School staff members on Staff Appreciation Day. Staff members provided written thanks and appreciation to the Board for such great recognition.

At its May meeting, the Eastford Board of Education voted to accept the recommendations from the Scholarship Selection Committee regarding 2018 recipients of Eastford scholarships that are managed by the Community Foundation of Eastern Connecticut. All members of the Eastford community are welcome to join the Board of Education in honoring and congratulating 2018 recipients at the reception to be held Thursday, June 14, 2018 from 6:00 to 6:45 PM at in the gymnasium at the Eastford Elementary School. Light refreshments will be served.

Also in May, the Board of Education updated its Discipline Policy. The Discipline Policy is #5116 and it can be found on the school's website along with all other Board of Education policies(www.eastfordct.org/domain/1184)

School will be in session until June 20 and will reopen for students on August 27. The Board of Education's next meeting is June 14 and there is no meeting in July. The school office is open most days in the summer. Feel free to contact the office personnel regarding registrations, transfers or any other school business. High school students may be contacted over the summer to update residency information.

Attention Zitherists!
If you play the Alpine Zither and live in the Quiet Corner, I'm looking for a teacher.
Please email me: FreemanGarden@yahoo.com
Thanks!



Tom Morehouse,
Phoenixville

**EASTFORD INDEPENDENT FIRE COMPANY #1, INC.
FROM: JEANNINE SPINK, EMS CAPTAIN**

Thanks for the overwhelming support at our Steak Supper on April 21st. Hopefully, the dinner ushered in spring and helped to exit winter. Our next supper is scheduled for Saturday, October 20th.

Congratulations to Lexi Lathrop who successfully passed her EMT class and final testing. The EMT class of 2018 is the most intense yet, including Connecticut and National standards of care, since the inception of the program back in the mid-70's. Lexi attended classroom instruction and practical scenarios that began in August, 2017, culminating with off-site, computerized written exam and scenario driven practical's to include patient assessment and evaluation in March, 2018. She is to be commended for her hard work and diligence. The EIFC is fortunate to have her on board to assist in providing quick and efficient care to the residents of Eastford. CONGRATULATIONS, LEXI!

On April 22nd, approximately 400 people were in attendance at the J.N. Webster Scout Reservation in Ashford for a "Celebration of Life" honoring EMS Lt. Silas Bunnell, 19, who recently passed away. The Scouts, Leaders and EIFC coordinated the event. Activities included the "Memorial Table", presented by the EIFC, photo boards, speakers who worked closely with Silas, and former classmates. Fire Departments from the area were represented in full dress uniforms. There was a true sense of fellowship and support from friends and family. Our heart-felt condolences go out to his mother Lisa.

During the month of April, EMS Captain Spink and EMT Lathrop visited each classroom at the Eastford School to teach age appropriate first aid skills and fire safety. Thank you to the teachers and Principal McCombe for granting us time to work with the students.

Beginning in June, EMS Captain Spink and EMT Lathrop will conduct an American Heart Association certification class in CPR / AED / Basic First Aid for the 8th grade students. The parents of the EES can be assured that their children are very knowledgeable in the basics of first aid and fire safety.

KNOX-BOX – or Rapid Entry System, is a small, "safe-like" piece of equipment that attaches to a home entry door, allowing the fire department to quickly gain access to a house in emergency situations. It starts by calling 860-974-0630 (firehouse) to leave a message. An officer will return your call to discuss criteria for installation and answer questions. Once that stage has been completed, and request approved, a "loaner" will become available. With the assistance of an officer, the homeowner will put an entry key into the box. The EIFC will be the ONLY holder of a Master Key that will secure the box key and can ONLY be accessed by Eastford's First Responders.

FREE, FREE, FREE

Join us on Saturday, July 14th from 8:00 – 10:00 a.m. for a FREE Pancake Breakfast for the residents of Eastford, and an Open House until 12:00 p.m. Start your Experience Eastford day with a hearty breakfast of pancakes, bacon, orange juice and coffee, while viewing our equipment and trucks. FREE green house number signs and requests for a FREE Loaner KNOX-BOX can be discussed at that time.

Thanks, as always, for the support of the EIFC

Editor's Note: Please consider the EIFC when making donations to charities. Your donation supports the 100% volunteer EIFC. "The Mission of the Eastford Independent Fire Company No. 1, Inc is to protect the lives and property of the residents and visitors of Eastford, Connecticut and our mutual aid towns by providing the highest possible levels of service through fire prevention, public education, fire suppression, emergency medical services, and mitigation of the effects of natural and man-made disasters, consistent with the resources provided." A tax-deductible donation may be sent to: EIFC, PO Box 333, Eastford, CT. 06242. You will receive a thank you for tax purposes.

Report of the Union Society Building Committee Donations Requested for Auction

By Carol Davidge, Chair

The USBC will hold a Silent Auction at EES on July 14 during Experience Eastford. Donations of gift certificates, new or like-new items, antiques or collectibles are sought (furniture is not accepted due to difficulties in logistics). Please think of donating goods to the Auction. A tag sale will be held simultaneously. In the Auction you'll find gift certificates for restaurants, cord wood, house cleaning and specialty shops, as well as many unusual and useful items.

A Department of Economic and Community Development Historic Preservation Grant will soon allow rehabilitation of an area of the east wall. In May, DECD officials Mary Dunne, Alyssa Lozupone, and Julie Carmelich met at the building with First Selectman Jacqueline Dubois, Architect Robert Hurd, The Connecticut Trust for Historic Preservation's Gregory Farmer and USBC Chair, Carol Davidge. The DECD officials provided guidance for future rehabilitation activities.

Union Society Building Committee Report (continued):

The 1806 Union Society Building, located at the junction of Routes 198 and 44, is a place where tax protests, voting rights, social and spiritual gatherings happened over 200 years. Everyone was welcome regardless of ethnic origin, spiritual belief, gender or age. The building served a population of mostly poor immigrants who lived in Phoenixville. This Town-owned building is listed on the National and State Registers of Historic Places. The building has many intact original 1806 architectural features which are rare.

Grants have been received from The Last Green Valley, Connecticut Trust for Historic Preservation, Connecticut Department of Economic and Community Development, and donations have come from area businesses and numerous individuals.

Among the Union Society Building's treasures is a well-used 1876 White Gem treadle sewing machine where many Phoenixville teens learned to sew during 4-H meetings. The Union Society 4-H was led by Helena Nieminen, the mother of Dorothy Bressette, Marian Slye and Barbara Urban. The young women of the Union Society 4-H often won first prize at state competitions. Another treasure is a blackboard with chalk drawings of biological creatures from one of Paul Nissen's Boy Scout meetings. The building has many intact original 1806 architectural features. Unique is the Bible earned by Mary Jeziarski at age 12 after she memorized The Ten Commandments. Mary began attending the Union Society gatherings as a child in the 1920s. Thank you, Mary.

If you have information about any of the Union Society activities, please send an email to address below.

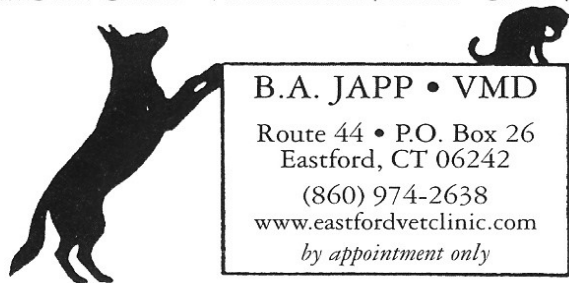
Donations and Legacy Memorials are needed to move the project forward. For donations of \$100 or more, a plaque acknowledges the donor and individuals being honored. All proceeds from fundraisers go to the Town of Eastford for rehabilitation of the building. Thank you to recent Legacy Donors Mary Bloom and Stephen Csiki. To make a donation in any amount, please make checks payable to: Town of Eastford (write Union Society in the memo line), and mail to Union Society Fund, Town of Eastford, P.O. Box 98, Eastford, CT 06242. For information, please e-mail: carol.davidge@snet.net, and put Union Society in the subject line.

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Crystal Pond Park Report

If you have not had the opportunity to visit Crystal Pond Park recently, please take a moment out of your busy schedule and stop by. Renovations to the dining hall continue with all new screens now installed and the exterior almost completely painted. With our rental season well underway we have entertained a group of Scouts from Somers as well as a large group of BMW motorcyclists. Multiple groups have secured dates for weddings this year which with the addition of new padded seats will provide much comfort to those who attend.

The Commission enjoyed support from many community members this past late April for our volunteer day. Many projects were completed and along with time to relax and enjoy some great food, new friendships were created. Although there is always work to be done, the park continues to provide a nice environment for all to enjoy. New doors have been installed on our changing rooms and soon there will also be additional storage in these buildings which will allow our day campers a place to store their belongings while swimming. The remainder of this year the Commission's focus will be to complete the painting of dining hall, changing rooms and maintenance building. For any skilled individuals out there who would like to lend a hand painting please contact myself and I will be glad to set up a date for you to help out. The Crystal Pond Park Commission continues to maintain the park with proper inspections and tests. Our recent water test results were outstanding and we are moving forward with our annual inspection from the Fire Marshal. Safety is our number one priority. If you happen to be visiting the park and notice something you are concerned with, please send myself an email and I will gladly look into it.

Our Disc Golf course continues to be a huge success with players arriving from all over New England to take on the challenging course. Thank you also for keeping the course picked up and free of garbage. Finally, our new website is up and running. You may visit it directly or go through either Towns' Websites. Here you will find up to date pictures, contacts and rental information. Please visit www.crystalpondpark.com. Have a great day. Chris Mayhew, Chair, Crystal Pond Park Commission Cmayhew52002@yahoo.com

Library News By Susan Shead

The Mother's Day Story time and Craft was another successful event at the library. The children decorated flowers for mom. Some children made bouquets. Displays from the craft day are on the library bulletin board. Come down and see them! A big thank you to Library Board member Rachel Budd for giving of her time and creativity! The book discussion will meet on Monday June 18th at 7:00PM to discuss the book Anne of Green Gables by L.M. Montgomery. Please join us! Sign up for the summer reading program Libraries Rock begins on June 25th. (See below) Some new fiction at the library includes The Female Persuasion by Meg Wolitzer, The family next door by Sally Hepworth, The Flight Attendant by Chris Bojalian, The Burial Hour by Jeffrey Deaver. And Running Blind by Lee Child.

There are discount passes available for Mystic Aquarium, Roger Williams Park Zoo, The New England Air Museum, and free admission passes to the New Britain Museum of American Art, Wadsworth Atheneum and Connecticut's Old State House and coupons for 20% off general admission for The CT Science Center. Please note: Library hours are Monday 3-8pm, Tuesday 10am to 8pm, Thursday 3-8pm & Saturday 9am to 1pm.

The Eastford Public Library Summer Reading Program: Libraries Rock!

Registration begins Monday June 25th
Grades 6+:

Become a Junior Volunteer at the library this summer & Have a children's book dedicated in your name!



Sports Camp

July 23 - 27 from 8:15 am - 12:15 pm

Held at Eastford Elementary School

Boys and Girls

Ages 4 - 12

Bring a friend!

Choose a sport!

*Boys or Girls
Basketball*

Boys or Girls Soccer

Girls Cheerleading

*Team 45 (Skills camp for
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Camp Cost: \$50 per camper

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or call (860) 974-0294

or email office@cceastford.com

*Sports Camp sponsored by
Congregational Church of Eastford,
Eastford Baptist Church,
and Living Proof Church.*

*Uncharted Waters runs the program, assisted by trained
church and community volunteers.*

Scout Troop 92 Report (May-June combined)



Photos:

Top—Troop 92 Hike at Rankin Preserve in Ashford.;

Center: Scouts cleared storm damage from yard of Seniors Jack and Judy Hopkins

Bottom: May 5- 28-mile shake out bicycle ride on the East Bay Bike Path in Rhode Island. 17 riders .



Scouts and Cub Scouts are from Ashford, Mansfield, and Eastford. Scout meetings are most Thursday evenings at Knowlton Memorial Hall in Ashford at 7 PM. Visitors and new members are welcome. New members: Jacob Murphy, Eastford, Kyle McAllister, Eastford, Xavier Green, Eastford, Liam Roy, Ashford, Cooper Desrocher, Ashford.

Activities:

April 6: Five Webelos Cub Scouts were awarded the “Arrow of Light” award for their accomplishments, and crossed over into Boy Scouts. We now have five new members of our Troop!

April 14: Scout Troop 92 enjoyed a 2 1/2 mile hike Saturday on the trail at Joshua’s Trust Rankin Preserve in Ashford. 14 Scouts leaders and family members hiked. We enjoyed seeing the historic old stone walls as well as early signs of spring.

April 27: Bike clinic. Bicycle tune ups to get ready for the East Bay Bike Path ride in R.I.

April 28: Yard clean ups for seniors.

May 5: 28-mile shake out bicycle ride on the East Bay Bike Path in Rhode Island. 17 riders enjoyed the scenic ocean front ride. Youth on the ride were ages 10-16 yrs old. On the way back to Ashford we stopped at the Dari Bar for ice cream. There were no injuries and no breakdowns. May 12, 13: Mother’s Day Flower sale fundraiser; May 28: Memorial Day. March in Memorial Day Parades in Eastford and Ashford; June 2: Beaver Day at Camp Webster in Ashford. On June 22-24: Cape Cod bike ride, we will ride on the Cape Cod Rail Trail from Dennis to Wellfleet and back and stay in a Scout Camp lodge near the trail head-50 miles! July: Summer Camp at JN Webster Scout Reservation. Ast Sct Mstr Nord Yakovleff; Scout Master Cory Blanchette
Cub Scoutmaster Doug Nemeth



**Experience Eastford!!
Saturday, July 14, 2018**

Free Family Fun, Pancake Breakfast, Birds of Prey, Electric Cars, Bounce House, Museum Display, Cemetery Tour, Antique Cars, Silent Auction, Crafts

Did you know there is only one Eastford in the USA? Our unique little town will hold *Experience Eastford* held on **Saturday, July 14, 2018**. The focus of the day is “**Get Involved in Our Community!**” The day includes the following activities: *Heritage Day Event* from 10 am to 2 pm at the Eastford Elementary School (12 Westford Rd) with free family fun: Live Birds of Prey, Electric Car Display, Bounce House, Kid’s Games, Food, Silent Auction, Live Music, Kiss the Dog Contest, Flag Retirement Ceremony, and more! Bring nonperishable foods (including pet food) to donate to the Eastford Food Pantry.

Complimentary Pancake Breakfast for Eastford residents, Eastford Independent Fire Company (6 Westford Rd) from 8-10 am.

K9 Walk on the Askew Trail * *Exhibit at the Florence Warren Latham Museum of Eastford History* (65 John Perry Rd) featuring local historical items and artifacts * *Vintage Car Show* at Bowen's Garage at 9 am * *Craft Fair* at Coriander Café.

Cemetery Tour by Ed Parry. * *Live Music by singer/songwriter Ray Cooke*, 1-3 pm at Frog Rock Rest Stop.

Frog Jump Contest at the Congregational Church of Eastford starting at 5 pm. In addition to the contest, the evening will include a Bounce House, Cake Walk, Cook-Out and Band Concert.

You will find something for all ages, so bring your friends and family, meet your neighbors and come check it out. Events are free and will be held rain or shine. A full schedule of activities and events can be found on the Eastford town website at eastfordct.org/townofeastford.

Eastford Memorial Day, May 28, 2018

Some 150 people participated in the Memorial Day Parade and Ceremonies at the Veterans Memorial. Below (l-r): the Honor Guard, Pastor Mike Moran with Ahmed Beermann placing the wreath. Below: World War II Veterans (l-4) Dominick Roto, Leon Gardner and Richard Cooley being driven by Stephen Bowen; Parade start from Eastford Elementary. Photos by Adam Minor (full report in July EC; also see Woodstock Villager, June 1, 2018)





I recently had the pleasure of chaperoning the eighth grade class trip to Washington, DC. Having had these teenagers as students in kindergarten, it was very enjoyable and gratifying to see what kind, smart and interesting individuals they have become! While in DC, the students visited the White House and Capitol, Arlington National Cemetery, many significant memorials and monuments, and spent time exploring the Smithsonian Museums and Holocaust Museum. In addition, they expertly deciphered clues in 'Operation Spy' at the Spy Museum. Eastford students are very fortunate that the larger community supports this trip through donations to our annual Goods and Services Auction held each November. It is this auction that primarily funds this experience for our students. Eastford eighth graders are very thankful for this generous support each year and look forward to learning about the history behind our Nation's Capitol in school, and then experiencing this in person to culminate their year before moving on to their secondary school of choice.

June, 2018 Calendar

- 1 Yoga, TOB, 8:15 – 9:15am
- 2 AA Meeting, TOB, 7:30pm
- 4 School Readiness Council, EES, 6pm
BOS, TOB, 7pm
- 5 Conservation Commission, TOB, 7pm
Democratic Town Committee, Library, 7pm
- 6 Yoga, Crystal Pond Park, 5:30 – 6:30pm
Crystal Pond Park Comm, Crystal Pond Park,
6pm
- 8 Yoga, TOB, 8:15 – 9:15am
- 9 AA Meeting, TOB, 7:30pm
- 11 Yoga, TOB, 5:30 – 6:30pm
- 12 Registrar of Voters, TOB, 1pm – 4pm
Planning Commission, TOB, 7pm
- 13 Special BOS, TOB, 9am
Registrar of Voters, TOB, 5pm – 7pm
Yoga, Crystal Pond Park, 5:30 – 6:30pm
- 14 BOE, EES, 7pm
- 15 Yoga, TOB, 8:15 – 9:15am
- 16 AA Meeting, TOB, 7:30pm
- 18 **Communicator Deadline**
Yoga, TOB, 5:30 – 6:30pm
Clean Energy, TOB, 7pm
Book Discussion, Library, 7pm
- 19 8th Grade Graduation, EES, 7pm
Republican Town Committee, Library, 7pm
- 20 Recreation Commission, TOB, 4:30pm
Yoga, Crystal Pond Park, 5:30 – 6:30pm
- 22 Yoga, TOB, 8:15 – 9:15am
Cyclists for ALS-Be Alert
- 23 AA Meeting, TOB, 7:30pm
- 25 Yoga, TOB, 5:30 – 6:30pm
American Legion, TOB, 7:30pm
- 27 Registrar of Voters, TOB, 5pm – 7pm
Yoga, Crystal Pond Park, 5:30 – 6:30pm
- 28 Inland Wetlands Commission, TOB, 7pm
Library Board, Library, 7pm
- 29 Yoga, TOB, 8:15 – 9:15am
- 30 AA Meeting, TOB, 7:30pm

TOWN OF EASTFORD - NOTICE TO DOG OWNERS

**LICENSES MUST BE OBTAINED
DURING THE MONTH OF JUNE**

Each owner or keeper of a dog of the age of six months or older, except dogs kept under a kennel, shall cause such dog to be licensed in the Town Clerk’s Office in the town where such dog is kept, ON OR BEFORE JUNE 30th ANNUALLY, or at such time as such dog becomes six months old, and annually thereafter, on or before June 30th.

Any owner or keeper applying for a license for a dog shall submit to the town clerk a RABIES CERTIFICATE signed by a veterinarian, or a copy thereof, stating that such dog has been vaccinated against rabies, the date of the vaccination and the duration of the immunity provided by the vaccine. No license shall be issued unless the certificate indicates that the immunity provided by the vaccine is effective at the time of licensing.

Proof of spay or neuter is required in the form of a veterinarian’s certificate. Kennel licenses also need to be obtained or renewed in the month of June.


FEES:

SPAYED FEMALE or NEUTERED MALE... \$8.00 each
 FEMALE OR MALE\$19.00 each
 KENNEL LICENSE (10 TAGS) \$51.00 each
 A \$1.00 per month penalty will be charged for each dog that remains unlicensed.

Melissa Vincent
Town Clerk

The Last Green Valley is a National Heritage Corridor embracing Eastford and towns in Massachusetts and Connecticut along the Quinebaug and Shetucket Rivers from Coventry to Norwich. Numerous events and activities are showcased on its website and its calendar of events. TLGV also offers grants.

Information:
thelastgreenvalley.org/



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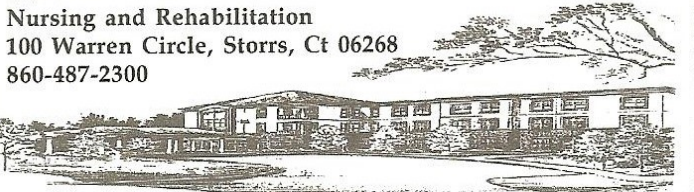
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Eastford Seniors By Linda SM dos Santos

In the search for a fall prevention program that dealt with a person's balance, health, and medications, I contacted Education & Communications Coordinator Linda Colangelo, from the Northeast District Department of Health (NDDH). There were funds available through a grant from the CT Collaboration for Fall Prevention. However, the funds were only available until May 30, 2018. Moreover, there was not enough time, nor money, to put a program together for a city. That is why, Eastford was great for such a program, and there were more than enough funds for a town of nearly 1600 people. Together, we contacted Renee King, with the Clinic Partners from Day Kimball Healthcare at Home. She was able to coordinate five nurses to conduct **FREE for the Public** Postural Hypotension Blood Pressure Screening & a Tinetti Balance Assessment & more. The Eastford Senior Citizens (ESC) mobilized: sending out mailings, notices in local papers, emails, and by word of mouth. A lunch of vegetable (or meat) Stromboli provided by Illiano's Ristorante & Pizzeria in North Windham, Baked Goods by Soleil & Suns Bakery, LLC in Woodstock, Fruit Salad from Day Kimball Healthcare at Home, and Dinner Mints, from the Eastford Branch of Key Bank were available for this learn-at-lunch program, with Linda Colangelo as speaker and the ESC as hosts. May 9th came and Eastford residents of all ages and careers arrived two hours early to the Eastford Town Office Building's Lower Level to move chairs, tables, bring in medical equipment, multimedia equipment, posters, laptop slideshow, and more. Information packets and three Door Prizes provided by the NDDH. The packet included Handouts: Balance Exercises, for Hip, Toe, Leg, Side, Hand, or Arm; A Guide to Choosing Safe Footwear: How Safe is Your Home?: What You Can Do To Help Avoid Bad Effects of Medications? 82% of those attending took part in the tests. 13 found to be of moderate risk of a fall and 6 found to be of high risk. The nurses took their time to sit with each person identified, and instruct them in how they might prevent future falls. The nurses did not pack up their gear until everyone was tested and served.

The Eastford Senior Citizens plan to host a **CAR CARAVAN on June 14, 2018 to journey from** the lower level of **the Eastford Town Office Building to Putnam. For details,** call **860-538-8868**, or email **ESC06242@aol.com**.

Eastford School Readiness Council Update

Maribeth Stearns, Liaison
12 Westford Rd., Eastford, CT 06242
860-974-1130

May was a busy month in the preschool, with transition events for incoming preschoolers including "Books and Blocks". The Preschool Orientation was held on May 17th and four new families attended. The enrollment in the preschool for next Fall is now 15 children, leaving 2 openings. Events in May included a visit to the Southwick Zoo on May 30th, music concert on the 31st, and preschoolers were totally entertained by a production of "Shrek" by students from the Woodstock Academy. Four year olds who are transitioning to kindergarten attended a snack and story activity with Ms. Bibeault in preparation for their move to the classroom in the Fall. Plans for June include a trip to Bakerwoods and participation in the planned day of activities with the entire school on June 15th. Last day of school is June 20. The second year proposal of the School Readiness Grant was prepared and submitted to the State in May. For more information on the program and if you are interested in enrolling your child, please contact the Head Teacher, Christine Kopplin at ckopplin@eastfordct.org.

Agricultural producers can save money while building healthy soils and improving water quality in our rivers and streams.

Funds and technical assistance are being provided by a regional conservation partnership of Eastern CT Conservation District, USDA-NRCS, TLGV, and CT RC&D working together throughout the Thames River watershed in eastern Connecticut.

New funds are available to make voluntary improvements in the field that can save farmers time, effort, and money. Producers can reduce erosion and runoff, reduce pest and weed problems, reduce fertilizer use and fuel consumption with fewer tractor passes, and mitigate drought with soils that hold more moisture.

Technical assistance is available to help producers assess the quality of their soil, calculate the economic benefits of different options, complete the paperwork, and implement new practices in their fields.

Contact one of the project partners to learn more:
Maura Robie or Dan Mullins
Eastern CT Conservation District (ECCD)
860-319-8807 / 860-319-8808 or
E-mail maura.robie@comcast.net,
dan.mullins@comcast.net

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Carl & Evelyn Pfalzgraf

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Conservation Commission News:

Eastford's Key Bank steps up to the plate! We're always glad to have volunteers help on our projects. Susan Fontaine, the Key Bank branch manager heard the Conservation Commission needed volunteers and arranged for the bank's staff to help us out on Key Bank's give-back-to-the-community day, Weds. May 23rd. The staff from Eastford's Key Bank branch helped clear downed branches from the Askew Trail (a Town nature trail behind EES). Work done by participating Key Bank staff and Conservation Commission members was a great example of citizens working together to make a better town.

You, too, can be part of that. If you're interested in helping with future Conservation and Historical Preservation Commission projects, please give the Commission a call at 974-2300.

Some of the other projects that we're working on are: creating a booklet of maps and info on all the public walking trails in Eastford, invasive plant removals, enhancing nature trails at Crystal Pond Park, and maintenance of Eastford's historic cemeteries.

Upcoming events: sponsoring June 3rd hike on a section of the Natchaug Trail with CT Forest & Park Assoc. (visit ctwoodlands.org/TD2018DIR for more info & registration); a Historic Cemetery Tour on Experience Eastford Day - July 14th; and nearby—an informational meeting on Eastern CT State University's "Sustainable CT" initiative – June 25 at 7pm in Ashford's old town hall.

EASTFORD FOOD PANTRY: THANKS AGAIN TO A CARING, GENEROUS COMMUNITY

The Food Pantry would like to thank the many residents of Eastford who have helped replenish supplies to our pantry. Demand for our services remains high and thanks to our residents, we have been able to meet that demand. Thank you to Adam Minor and the EBC Olympians for their annual spring food drive with over 400 items collected. We would also like to thank John and Maureen Tracy for their donation to our food pantry. And, once again, a thank you to His Oaks for their donation of perishable meat products that we were able to include in our monthly delivery packages. We also want to thank the several anonymous donors who have brought food and/or checks to the town hall. It is very much appreciated. Financial donations are critical and allow us purchase essential items that are missing from our pantry. Checks can be made out to the Town of Eastford with Food Pantry on the memo line.

"Most Wanted" items include: Canned Goods: chili, ravioli, tuna, peanut butter, jelly, beef stew, hearty soup, fruit. Drinks: coffee, juices. Packaged Items: oatmeal, cereal, mashed potatoes, rice, stuffing mix, healthy snacks. Personal Products: shampoo, deodorant, toilet paper, paper towels. Eastford residents in need who would like to avail themselves of the food pantry can place a confidential call anytime to Steve or Karen at 974-1618, or contact the First Selectman's Office.

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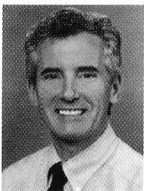
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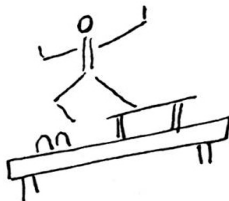
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MICHELE'S SENIOR MOMENT

Well folks, thanks to many phone calls and the unexpected uptick in revenue this budget season, cuts that I had spoken of earlier this year with regard to the Medicare Savings Program have been restored and there will be NO changes to the current structure. This is great news as this program helps low income seniors and disabled folks cover premiums and co-pays and could mean the difference between affording their medication or going without. For those that are unaware of this program, if your income is of a certain level you can get assistance paying your Medicare premiums, co-pays and medications. Call 211 for more information.

It's finally warmed up out there! I didn't think the cold would ever end! I wanted to take this opportunity to remind folks to take it easy on the hot days of summer coming up (and of which we've already had some and it's not summer yet!) Be sure to stay shaded, hydrated, wear sunscreen and don't exert yourself on the very hot days. This is good advice for folks of any age. That's it for this month...if you have anything you'd like me to discuss please feel free to let me know. The Eastford Municipal Agent for the Elderly is a volunteer position, appointed by the Board of Selectmen. Every Connecticut city and town has a Municipal Agent for the Elderly who assists town residents ages 60+ by providing information and referrals to local, state, and federal services and benefit programs. Municipal Agents are familiar with programs and benefits such as Medicare, Medicaid, SNAP (Food Stamps), Social Security, protective services, legal services, adult day care, housing, transportation, and local senior and community groups. Many also help seniors fill out application forms for benefits. I am a local lawyer practicing in the areas of elder law and other areas, and hope to provide helpful information to the seniors of Eastford. If there is something you'd like me to write about, please feel free to call me at 860-481-6655 (google voice number) or 860-928-9928 (office number) or email me at michele@attorneypalulis.com.

Michele Ann Palulis, Esq.
Eastford Municipal Agent for the Aged

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Tips for Today by Liz Ellsworth

Kick the habit!

That's right, don't get one anymore!

Skip the straw!

Most straws are single-use items, and are thrown away immediately after your drink is empty. Do you really need a straw? Straws are convenient and really helpful when offering drinks to kids, and drink boxes have definitely made my life easier. But will you at least one time a month choose to refuse a straw, please? I know I will. Sadly, "500 million straws are used and discarded every day in the United States alone. That's 175 Billion a year filtering into landfills (environment) and littering our waterways and oceans." For ideas on how to help, visit The Last Plastic Straw's webpage: www.thelastplasticstraw.org

Editor's Note: More small steps.

Take recycled bags to shop—a whale died from 20 plastic bags in its stomach—the oceans are suffereing. Buy clothes and other items from thrift shops. These are recycled items & save in many ways. Cotton plants use enormous amonts of water. You help the earth by using 1/2 sheets of paper towels instead of full sheets of paper towels ... similar numbers of paper towels enter landfills every year as do straws.

Dear Readers:

We hope you will contribute to The Eastford Communicator. Advertising revenues do not cover printing and postage costs. The Communicator is Eastford's main source of news about local events, town government, committees, organizations. We need donors to support this effort if we are to continue. If you can, please send a donation. Thank you!

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The Volunteer Staff of The Communicator

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All items for The Eastford Communicator must include submitter's name, address & telephone, for verification. All items submitted are subject to editing. The Communicator reserves the right to reject any submissions. Opinions expressed are those of the submitters and not necessarily those of The Communicator. The Communicator does not print letters to editor, or items it regards as offensive or slanderous.
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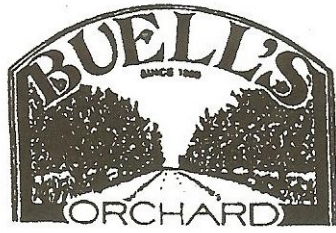
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