



# The Eastford Communicator

## March, 2017 Calendar

- 1 Special BOS, TOB, 9am  
Adult Basketball, EES, 7 pm  
Special BOS/Nahaco, TOB, 7pm  
Democratic Town Committee, Library, 7pm
- 3 Yoga, TOB, 8:15-9:15am  
Board of Assessment Appeals, TOB, 7pm
- 4 Board of Assessment Appeals, TOB, 9am  
AA Meeting, TOB, 7:30pm
- 6 School Readiness Council, EES, 6pm  
BOS, TOB, 7pm
- 7 Youth Basketball, EES, 6:30pm  
Conservation Commission, TOB, 7pm
- 8 Special BOS, TOB, 9am  
Recreation Commission, TOB, 1:30pm  
Registrar of Voters, TOB, 5-7pm  
Adult Basketball, EES, 7 pm
- 9 BOE, EES, 7pm
- 10 Yoga, TOB, 8:15-9:15am
- 11 AA Meeting, TOB, 7:30pm
- 12 Daylight Saving, 2 am
- 13 Yoga, TOB, 5:30-6:30pm
- 14 Youth Basketball, EES, 6:30pm  
Planning Commission, TOB, 7pm
- 15 **Communicator Deadline**  
Special BOS, TOB, 9am  
Experience Eastford Committee, TOB, 11am  
Adult Basketball, EES, 7 pm
- 16 Senior Citizens, TOB, 11am
- 17 Yoga, TOB, 8:15 - 9:15am
- 18 AA Meeting, TOB, 7:30pm
- 20 Grove Cemetery Trustees, Library, 7pm  
Clean Energy, TOB, 7pm
- 21 Tax Sale, TOB, 10am  
"Positive Parenting," open to all, EES, 6pm  
(NOTE: NO Youth Basketball tonight)  
Republican Town Committee, Library, 7pm
- 22 Special BOS, TOB, 9am  
Registrar of Voters, TOB, 5-7pm  
Adult Basketball, EES, 7 pm
- 23 Inland Wetlands Commission, TOB, 7pm  
Library Board, Library, 7pm
- 25 AA Meeting, TOB, 7:30pm
- 27 American Legion, TOB, 7:30pm
- 28 Youth Basketball, EES, 6:30pm
- 29 Special BOS, TOB, 9am
- 31 Yoga, TOB, 8:15-9:15am

### Of Special Note

**Food Pantry needs Food, Cash  
Scholarship deadline, EES, March 24th  
Youth & Adult Basketball, Yoga, Seniors  
The Library has passes to destinations  
Eastford Historical Society offers:  
Match for new donations & EHS website  
Nahaco Volunteer Day, April 22, 9am-2pm  
Experience Eastford, July 8**

## BRODEURBITS

[Brodeurbits is a regular compilation of writings and ramblings from the First Selectman and others and elsewhere, some profound, others mundane; all hopefully of interest and import, aimed at communicating and informing.]

[Trauma and Drama, Bridge and Troubled Waters, Grand and Not So Grand]

The preparation of the Town Budget for Fiscal Year 2017-2018 is underway as both the Board of Selectmen and the Board of Education develop their budgets for the year commencing this July 1. On February 8, Governor Dannel Malloy proposed his State Budget for the upcoming fiscal year. The Governor's proposed budget calls for significant changes to the structure and distribution of municipal aid--it "shifts funding to communities with greater need due to a greater concentration of tax exempt property, lower grand lists and higher tax rates." There are significant impacts on Eastford from the gubernatorial budget, most of them drastic and the outlook dismal. Most severe are the cuts in education aid. The Governor, in proposing his budget, said he is revising the Education Cost Sharing [ECS] and special education funding to divert resources from the State's smaller communities to the cities. In effect, in my view, he is creating an urban-rural disconnect and pitting small towns against the cities, and who wins in that combative environment is to be determined. I am reminded of a quote from a sermon by John Henry Cardinal Newman which I had to memorize as part of a Rhetoric course in college: "In our height of hope, ever to be sober; in our depth of desolation, never to despair." But, folks, budgetarily for small towns in Connecticut, it is desolation time. Particularly hard hit in the Governor's budget is the Eastford School budget. Our major source of School money, the ECS grant, will be decreased by 52.9 percent, from \$1,091,881 to \$513, 753, a cut of \$578,128. The Governor is also calling for towns to pick up one-third of the cost of teachers' pensions, an amount for Eastford of \$183,496. Towns would receive new funding through a new

*continued on next page*

**Thank you to our advertisers & donors!  
The Communicator needs your donations!  
Donors & businesses who advertise  
make it possible for us to provide  
local news & information free every month  
to more than 900 Eastford households**

**Thank you to recent donors:  
Terry Cote  
Mary Ellen & Mike Ellsworth  
Tom Goodwin  
Marge Hoskin  
Bob & Virginia Montgomery**

Special Education grant which for Eastford totals \$205, 399, welcome but not enough to hold us harmless or even come near equivalency with the cuts. The bottom line Education cut for Eastford, if the Governor's budget is implemented, would be some \$550,000. On the Town Government side, things are not as dire: Local Capital Improvement Program [LoCIP] monies will be restored and increased to \$40, 888 but cut back to \$26,020 in the next fiscal year. Our Pequot-Mohegan monies increase \$192 from \$11,911 to \$12, 093. Our Payment in Lieu of Taxes [PILOT] monies would be \$4,640. Town Aid Roads, blessedly, will remain at \$175,000. We lose all our Grants for Municipal Projects funds [\$54,564]. although we do get a 43.9 percent increase in Municipal Revenue Sharing monies to \$33,194. In sum, the Town comes out with a roughly \$1,000 increase. Overall, the gubernatorial budget impact on Eastford is a decrease in municipal aid of \$554, 682, or 40.8 percent. If things do not change, we could, and could is the critical word here, be faced with the possibility of a 16 percent tax increase; that is four mills. I guess the only "bright" spot in all this is that this is the Governor's Budget and we have several budgetary iterations to go before we get a final budget passed by the Legislature. Problem is that the General Assembly's budget will probably not be forthcoming before towns, such as Eastford, finalize their budgets and hold Budget Town Meetings. So, we must budget to the worst case, and the Malloy Budget, at present, is definitely the worst case. [There are those in the Legislature who are telegraphing that things might even get worse.] So, fiscal prudence on the part of both Boards [Selectmen and Education] in Eastford is called for. If these cuts endure both Boards have major decisions ahead, most focused on the future of education in Eastford. Can a 50 percent cut in school aid be accommodated through "routine" reductions? Or would more substantial, critical cuts have to be made? What is the future of the School in the short-term, in the long-term? What about regionalization—that seems to be what the State is forcing small districts to do via budgetary maneuvering? What about our relationship with Woodstock Academy, particularly on our tuition-ability-to-pay? What Education-Town Government consolidations or mutual efforts can be developed and implemented? How much of a cut, on the Town side, if any, could be made to salvage some School funding? All in all, hopefully not frustra ac nequiquam.

Town Assessor Mary Lavalley met with the Board of Selectmen at its February meeting and presented the 2016 Grand List. The 2016 Net Grand List totals \$144,354,674, compared to \$143,693,112 for the 2015 List. This is an increase in assessed value of \$661,562, or .46, one-half of one percent. It can fairly be said the 2016 Grand List is a level one, and that, of course, becomes another factor in Town budget planning. By category, Motor Vehicle net assessment stands at \$14,627,130, a \$16, 820, or .11 percent, decrease; Personal Property totals \$6,754,699, a .72 percent increase of \$48,242; Real Estate is \$122,972,845, a \$630,140 increase of .52 percent. The Town's top three taxpayers in Real Estate are: Whitcraft LLC; Chaplin Road LLC, and Peppertree LLC; in Personal Property, the three are Whitcraft, Eversource [Connecticut Light and Power], and Key Bank NA [Leasing]; and in Motor Vehicle assessment, CTR LLC, Lindon Tree Service Inc. and ACAR Leasing LTD. Not all comparative town Grand List information is available but we do know that Brooklyn has a 1.03 percent increase, Canterbury a .365 percent increase, Chaplin a 16.6 percent increase due to Algonquin Gas activity, Hampton comes in with an increase of 1.93 percent and Pomfret with 1.87 percent, Putnam is down by 1.18 percent and Woodstock's List is up by 3.91 percent due to revaluation.

I would commend to your viewing, and reading, the new Eastford Historical Society website, designed by Toni Double-day. Recently posted on the site are the writings of Aaron Bowen, Eastford correspondent for more than 30 years for the *Windham County Observer*. Not only are Correspondent Bowen's writings journalistically of interest, they are a font of information about Eastford's past. Just Google "Eastford Historical Society" or go to the Town website [www.eastfordct.org](http://www.eastfordct.org), and click on Services and Orgs, and then on the Historical Society tab.

The Board of Selectmen, at its February 6, 2017 meeting, appointed Megan Calchera as a member of the Union Society Building Committee.

I want to thank Scramble the Duck and the Torcellini Brothers [younger generation] for putting

*continued on next page*

 <p><b>North VETERINARY CLINIC</b></p> <p>118 Ashford Center Road • Ashford, CT 06278 <a href="http://www.northvetclinic.com">www.northvetclinic.com</a></p> <p>Catherine North, D.V.M. Phone (860) 487-0479 Katie Cerulli, D.V.M. Fax (860) 429-6340</p>	 <p><b>KOCHEK CO. INC.</b> "KONNECT WITH QUALITY"</p> <p>Putnam Industrial Park 75 Highland Drive Putnam, CT 06260</p> <p>800-420-4673 800-772-0255</p>
--	---

Eastford on the map, or more correctly, on the weather map. On the frigid early morning of Thursday, February 2, at the Ivy Glenn Building in front of an enthusiastic group of onlookers including the entire Eastford Board of Selectmen and State Representative Pat Boyd, on what has come to be known in Eastford as the “Duck Day Alternative to Groundhog Day”, Scramble scrambled out of his model of the Ivy Glenn and predicted six more weeks of winter. His prognostication was foreboding but right on the numbers given the meteorological events of subsequent days. Scramble also threw in an extra added attraction and predicted a New England Patriot win in the Super Bowl. Word from his handlers is that his feathers were a bit ruffled in the early part of the game and he thought he would have to pay off his bets to his kin-folk, the Atlanta Quackers. However, he proved his predictability and his chosen team prevailed. Congratulations and applause go out to the three Torcellini brothers, Micah, Isaac, and Benjamin for their creativity, their initiative, their dramatics, and their vocabulary.

Connecticut State Police, Troop D, reported they issued five traffic citations and two written warnings in Eastford in January; there were two vehicular accidents.

Work on the Mill Bridge Road bridge replacement project is nearly 80 percent complete as construction stops for an agreed-upon Winter hiatus until March 13. Most of the road subbase is in, work still needs to be done on the concrete approach walls and form-lined concrete, railing and guard rails need to be installed, and then the road paved. Landscaping and planting completes the project when the weather is amenable and cooperative. The main variable is the opening of asphalt-producing plants and the availability of paving material. I think we are looking at mid-April for project completion.

### Report of the Union Society Building Committee

by Carol Davidge, Chair

The 1806 Union Society Building is one of only two Union Society buildings still standing in Connecticut. In 1800, in Connecticut, “union societies” formed as tax protests against the established practice where town “government” was the Congregational Church. The only people who could vote were male property owners who were members of the Church. By 1817 “separation of church and state,” became law and town governments became separate from the church. Our group continued as a place to teach children to read on Sundays and to gather for social events. It was one of the earliest places in Connecticut that welcomed everyone regardless of spiritual belief, ethnic heritage, gender or age. The Town purchased the building in 2002.

**Donations and Legacy Memorials.** For donations of \$100 or more, a memorial plaque will acknowledge the donor and list the names of individuals being honored. It is displayed at major events and will be mounted in the entry to the building. All proceeds from fundraisers go to the Town of Eastford for the building. If you would like to make a donation, please make your checks payable to: Town of Eastford (write Union Society in the memo line), and mail to Union Society Fund, Town of Eastford, P.O. Box 98, Eastford, CT 06242. For information, E-mail: carol.davidge@snet.net .



**Sawmill Direct**

Wide plank flooring  
Bark mulch  
Tree length firewood  
Forest management

101 Hampton Road  
Pomfret Center  
Tel. 860-974-0127

### Hull Forest Products


Manufacturing locally grown wood products for the home: flooring, stair parts, paneling, timbers, molding, and siding.

showroom open  
weekdays 7:30 am—3:30 pm



browse online at [www.hullforest.com](http://www.hullforest.com)

### EASTFORD VETERINARY CLINIC



**B.A. JAPP • VMD**  
Route 44 • P.O. Box 26  
Eastford, CT 06242  
(860) 974-2638  
[www.eastfordvetclinic.com](http://www.eastfordvetclinic.com)  
*by appointment only*

### MIDWAY PIZZA RESTAURANT

We Specialize In  
American & Italian Dishes  
Pizza, Fresh Seafood  
And More!

Route 44  
Ashford, CT 06278  
Peter & George Lytras

## 860-429-1932

### Merlo's Home Improvement

>Custom Kitchens	>Bathroom Vanities
>Entertainment Centers	>Hutches
>Interior Finish Work	>Exterior Finish Work
>Additions	>Remodeling
>Garages	>Roofing

Lauren Merlo  
Eastford, CT  
(860) 974-3331

News You Can Use

Emergency Shelter Plans

Deb Richards – Emergency Management Director

On February 15, 2017 the Emergency Management Directors from Brooklyn, Woodstock, Pomfret, and Eastford met, together with the American Red Cross Regional Director, DEMHS Regional Coordinator and the liaison for the Pomfret School to discuss and create a detailed plan and draft agreement to move forward with a multijurisdictional shelter. The draft agreement will now go before the DEMHS attorney before it is presented to the CEO's and the BOS of each town for signatures. This shelter will be supported by all towns involved and each town has an equal share in providing volunteers and other resources to ensure the shelter provides what is needed to the residents of the towns. The shelter will open following a major weather event upon the consent of a majority of the parties involved and will serve as an emergency shelter for people and small pets. The American Red Cross will oversee shelter management along with representatives and volunteers from the towns involved. The shelter will provide three meals a day, shower facilities and emergency shelter. People coming to the shelter will need to bring personal items clothes, bedding, soap, towels, medications, quiet activities for children, your disaster GO! Kit and supplies for their pets. The shelter is a life boat in the case of emergencies – not a cruise ship – so be prepared! To find out how you can become a shelter volunteer, call the Selectman's office 860-974-0133 option 3 and leave your name and phone number and we will get back to you with more information.

Eastford Readiness Council

AKA Eastford's Preschool Program

Update

Thank you to all of you who took the time to fill out our Needs Assessment Survey. It is very helpful for us to know the town's upcoming preschoolers who might want to be involved in current activities as well as future ones. In February the preschool class attended a school wide assembly on robotics. This was a lot of fun for the students. The class also had free vision and dental screenings. If you are a current or former parent of the preschool program and you have a business that would be willing to display our brochure please contact the school. We are trying to get the word out about our program as every year we are surprised at the number of people that didn't even know we had a program.

In March the Preschool Program will be hosting at parenting seminar on March 21 entitled, *Positive Parenting*. I went to this program a couple of years ago and it was very helpful in parenting my own children. This is open to the public, not just preschool families. If you have an out of town friend please feel free to invite them as well. Please pre-register for this by calling the school office., (860) 974-1130. Local organizations are also planning on helping out by having various activities and play areas for kids of all ages.

We are currently accepting registration for the upcoming school year and the slots are filling up fast. If you would like a form please contact the school office or find the registration form on the school's website at [www.eastfordct.org/](http://www.eastfordct.org/) registration.

For more information on the program please look on-line at the Program's handbook or by contacting the Head Teacher, Christine Kopplin at [ckopplin@eastfordct.org](mailto:ckopplin@eastfordct.org) or the Readiness Council Liaison, Jen Barlow, at [jbarlow@eastfordct.org](mailto:jbarlow@eastfordct.org)

Mark your calendar!

March 6: Readiness Council Meeting 6:00pm (Eastford Elementary School Teacher's Lounge)

March 21: Positive Parenting Seminar 6:00pm to 7:30pm at Eastford Elementary Library.

April 3: Readiness Council Meeting 6:00 (Eastford Elementary School Teacher's Lounge)



Advertisement for Archambault Insurance Associates. Features a large stylized 'A' logo with 'J.A. Archambault & Son, Inc.' written across it. Below the logo is the company name 'ARCHAMBAULT INSURANCE ASSOCIATES'. Two office locations are listed: 'PUTNAM OFFICE' at 143 Providence Street with phone number 860-928-0811, and 'DANIELSON OFFICE' at 136 Main Street with phone number 860-779-5030.

Advertisement for Johnston & Associates Real Estate. Includes a headshot of Betsy DiQuattro, a Realtor. The company name 'JOHNSTON & ASSOCIATES' is prominently displayed with 'R.E.A.L E.S.T.A.T.E' and 'LLC' below it. Contact information for Betsy DiQuattro is provided: Cell 860-455-8565, Office 860-923-3377, and email [bdiquattro3@gmail.com](mailto:bdiquattro3@gmail.com). The address is P.O. Box 83, 447 Riverside Dr., Thompson, CT 06277. The website [www.JohnstonRealEstate.net](http://www.JohnstonRealEstate.net) is also listed. An 'MLS' logo is present in the bottom right corner.

**The Community Foundation of Eastern Connecticut  
2017**

**Town of Eastford Scholarship Funds**

The Town of Eastford encourages all Eastford students pursuing post-secondary education to apply for scholarships. Eastford students are eligible for a special group of seven scholarships that are managed by the Community Foundation of Eastern Connecticut.

The online application is at [www.cfect.org](http://www.cfect.org). The **deadline** for submitting an online application is **March 24** for current and non-traditional college students, **April 7** for high school seniors.

By applying through the Community Foundation, applicants will also be eligible for other scholarships managed by the Community Foundation of Eastern Connecticut. The Town of Eastford’s Board of Education Scholarship Committee continues its 60+ year responsibility for evaluating applications and recommending scholarship awards for the seven Eastford-only scholarships. The Community Foundation identifies potential matches between Eastford students and the other scholarship funds under their management.

Eastford’s scholarships are available because, starting back in the 1950’s, people wanted to memorialize loved ones by helping Eastford’s students continue their education. Eleanor Lewis, a teacher and principal in Eastford for 34 years, lives on through the scholarship created in her memory by friends and neighbors back in 1954. Eastford’s largest scholarship, The Edith Wheaton Smith Scholarship Fund, was created in 1971 by her husband, John Smith, through a bequest.

It is a joy to help our local students continue their education. Please do your part: apply!

Questions? Contact Lilli Rhodes or Kathy Duggan at 877 □442□3572

[Lillian@cfect.org](mailto:Lillian@cfect.org) and [Kathy@cfect.org](mailto:Kathy@cfect.org)

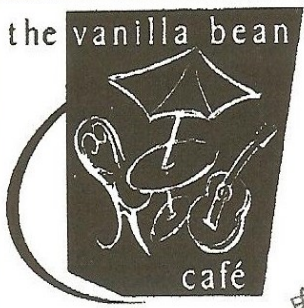
**Home Energy Solutions:  
Good For Business—Good For The Community!**

By Mary Ellen Ellsworth

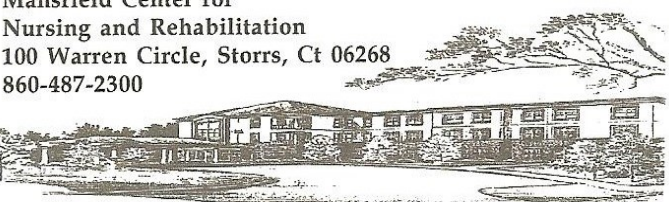
The Eastford Clean Energy Task Force has been working to offer Eastford residents options which can lower energy consumption and improve the environment. The Solarize Eastford campaign has increased the number of home owners in town with solar panels to 25.

The Home Energy Solutions campaign is also making a difference. Eastford’s Independent Fire Company #1, according to Chief Gordon Spink, Jr., is doing what it can. The fire company had an energy audit, and looked into solar possibilities. The fire company is listed as a commercial building by the electric company, so it is charged at peak rate, and, with net metering, must cover its highest energy-use spikes. Unfortunately, the company had to determine that for its potentially large electric needs, solar installation would be too expensive. So, in another effort to save taxpayers’ dollars, the fire company is following up on its energy audit. Currently each 4’ fluorescent tube at the firehouse uses 36 watts of electricity. When these bulbs are replaced by LED bulbs, each bulb will use just 10 watts. Chief Spink says that the energy audit was helpful, and that the fire company is pleased to have found a way to save taxpayers’ dollars.

Energy Audits continue to be available to Eastford homeowners. For a co-payment of \$124 (the fee may be waived if you are income-eligible), a certified and insured contractor will visit your home, evaluate your energy use, and make some on-the-spot improvements to lower energy bills. The Task Force also encourages local farms and businesses to look into both energy-use audits and solar options. We plan to have a “Lunch and Learn” opportunity for Town farms and businesses on March 29th. Energy Improvements for homes and businesses may include: Long-lasting, energy-saving light bulbs; water-saving measures; air sealing, to remove drafts; heating equipment safety tests; energy use report. Rebates, incentives, and financing options can help with improvements.



the vanilla bean  
Not just a place to eat ...  
860-928-1562  
Pomfret, Connecticut  
...a place to meet.  
www.thevanillabeancafe.com



Mansfield Center for  
Nursing and Rehabilitation  
100 Warren Circle, Storrs, Ct 06268  
860-487-2300  
Premier Facility with Clinical Expertise in the areas of:  
Orthopedic & Cardiac Rehab; Medical & Post Surgical Care,  
Inpatient & Outpatient PT, OT, & ST  
Comfortable Long Term Accommodations;  
Most Major Healthcare Plans Accepted  
A Nonprofit Facility of New Samaritan Corporation  
[www.newsamaritanacorp.org](http://www.newsamaritanacorp.org)

## Library News

By Susan Shead

Spring is just around the corner! Did you know that March is Women's History month and National Craft month? Come down to the library and check out some books on these subjects! We also have some new children's books in at the library. They include "Little Penguins" by Cynthia Rylant, "How to track a truck" by Jason Carter Eaton, "Frazzled" by Booki Viva, and "The Poet's Dog" by Patricia Maclachlan.

The can check out popular magazines, including current issues. Some of the magazines are "Birdwatching," "Connecticut," "Time," "Interweave knits," "Fine Gardening," "Mary Jane's Farm" and many more.

Tax forms (both federal and state) are no longer available at the library. Patrons can go online at [www.irs.gov](http://www.irs.gov) and print forms themselves.

Discount passes are available for Mystic Aquarium, Roger Williams Park Zoo, The New England Air Museum, and free admission passes to the New Britain Museum of American Art, and Connecticut's Old State House. We also have coupons for 20% off general admission for The Connecticut Science Center.

**Please note: Library hours are Monday 3-8pm, Tuesday 10am to 8pm, Thursday 3-8pm and Saturday 9am to 1pm.**

---

## Scramble the Duck Predicted 6 Weeks of Winter

Connecticut's Alternative to Groundhog Day

On Feb. 2 at 7:30am, at the Ivy Glenn, Eastford celebrated "Duck Day," an alternative to groundhog day with the Torcellini family's duck, Scramble. The white duck saw his shadow and predicted that there will be six more weeks of winter. Subsequent blizzards and snowfalls show that Scramble is a more reliable prognosticator than the Groundhog who predicted spring was here. Micah, Isaac and Benjamin conducted the ceremony. Scramble emerged from a white model of the Ivy Glenn, strolled down the red carpet, stood on a table, and saw his shadow. At that point, Isaac announced: "Hurrah! The snow will blow, the wind will blow, the lawn won't grow! Sledding is super and skating is duper! Six more weeks of wintery fun!" Throughout, Benjamin held the microphone for his brothers. This is the third year that Scramble accurately predicted future weather. Special guests 50th District State Rep. Pat Boyd and Eastford's Board of Selectmen — First Selectman Art Brodeur, Terry Cote and Rob Torcellini as well as past First Selectman Allan Platt - were among the large group that gathered for Duck Day. State Senator Tony Guglielmo was unable to attend but invited the family for a personal tour of the State Capitol. The model of the Ivy Glenn Memorial from which Scramble emerged was constructed by Isaac and won a blue ribbon at the Woodstock Fair. To see the entire ceremony, go to "you tube" and "Duck Day 2017." Thank you to the Paul Torcellini family for bringing this event to town.

## Eastford Seniors

By Linda SM dos Santos

Eastford Senior Citizens (ESC) have exciting plans for this year. **Come join the Fun on Thursday, March 16 at 11 AM** for the **ESC BROWN BAG Lunch, lower level, TOB.** (Please a bagged lunch.) Also, bring photographs, a musical instrument, poems, and a funny or inspiring story. The ESC will provide fruit, & beverages. From 11:30 AM - Noon, guest Jennifer Hutchins, Dispatcher for Northeast Transit, will provide information about the Eastford Door-to-Door Bus for seniors over 60 and the disabled. She will bring applications for those who wish to obtain a bus pass. (Please bring at least one form of identification that shows your birth date.) A gift will be provided by CVS in Putnam. Seating is limited; please call or text 860-538-8868 before Noon on Tuesday, March 14. All Eastford seniors are welcome.

**SAVE THE DATE: The Spring Celebration Dinner is April 8 from 5:30 - 8 PM, at the Midway Family Restaurant.** Bring your guests to enjoy a turkey dinner & an evening of surprises, while listening to "Second Helping", a Singing Acoustical Act. Members \$13, Non-Members \$18, **tickets will be sold at the March Brown Bag Lunch** and on Saturdays from 11 AM to Noon at the Eastford Post Office, 860-538-8868. **The Midway was established in 1937** by husband & wife, Pete and Annie Knath; named for its location halfway between Hartford CT and Providence RI.

**Current Midway owner's, brothers, George & Peter Lytras celebrated their 30<sup>th</sup> year open on December 6, 2016.** The Midway has served Ronald Reagan, Paul Newman, Alec Baldwin, Harry Belafonte, Bernadette Peters, Bruce Willis and more.

**Eastford Senior Citizens** are current and former Eastford residents and friends ages 50 & up. For information, see flyers in the library, TOB and Post Office, The Communicator, and on-line updates "What's New for Seniors?" or 860-538-8868.

---

## Save the Date Experience Eastford

This year's Experience Eastford event will be held on Saturday, July 8, 2017. Stay tuned for details. If you would like to be involved in planning the event, please join us at 11 a.m. on Wednesday March 15th at the Town Office. Or send your ideas to Terry Cote at [selectmen@townofeastford.com](mailto:selectmen@townofeastford.com).



March 12, 2017

**Eastford Elementary School Nurse**

Mary Guillette

Seasonal suggestions.....As we slowly make our way through the heart of winter I would like to take this opportunity to touch on a few timely topics! Let us start with the flu! It is still not too late to get the flu vaccine. The flu season may extend into May and vaccination now will still be beneficial. According to the CDC (Centers for Disease Control and Prevention) Connecticut is experiencing high activity. Check the website for detailed information. Learn about the signs and symptoms of the flu and how it differs from a cold. Cover your coughs and sneezes, wash your hands, and carry hand sanitizer with you. Avoid crowds and always stay home when you are sick! When in doubt, call your physician.

SAD (Seasonal Affective Disorder) is another winter ailment for four to six percent of the population, according to Web MD. The lack of sunlight may cause symptoms such as lethargy, "the blues", and in some, depression. Exposure of fifteen to thirty minutes of sunlight per day can prevent SAD. As the days lengthen this is more easily accomplished, not to mention the added benefit of getting outdoors and getting some exercise. There are a variety of sun lamps available for usage at home. There is also a correlation with Vitamin D levels. This can be determined by a simple blood test. Supplements are available over the counter and also by prescription when high doses are called for. Always contact your physician first before attempting any treatment yourself.

Lastly, the cycle of eat, sleep, and activity can be significantly disrupted during the dark months. We tend to spend most of our time indoors and perhaps we sleep poorly due to lack of exercise, and overstimulation of TV and other electronics. Hopefully each minute or so of light we gain daily will help us to readjust the balance in our lives.

Think spring!!

**Board of Education**

By Linda Loretz

At the February meeting of Eastford's Board of Education, the following policies were adopted as either new or revised. The policies and policy revisions were recommended by the attorneys to ensure that the Eastford policies comply with current statutes.

1. Policy [5131.81](#), Use of Private Technology Devices By Students
2. Policy 4121, Personnel Sudden Cardiac Arrest Awareness For Intramural And Interscholastic Athletics
3. Policy 3515, Facilities Use and Building Use
4. Policy 5157, Student Privacy
5. Policy 1600, Possession of Deadly Weapons Or Firearms
6. Policy 6141.321, Student Use of The District's Computer Systems And Internet Safety
7. Regulations for policy 4150/4250 Bloodborne Pathogens

In addition, at the February Board of Education meeting, Board members discussed the 2017-18 budget and approved a budget with a 1% increase to send to the Selectmen.

The Board of Education adopted a calendar for the 2017-18 school year. This calendar is available on the school's website. They also accepted the Facilities Committee's updated Buildings and Grounds Document and approved requests for Union School Students to participate in Sports.

Recipients for the Ethel Gardner Music Scholarship were selected based on the recommendation of the selection committee.

**The Traveler Restaurant**

The Traveler Restaurant Book Store is open all restaurant hours.

Come enjoy the great food, pick out your three Free Books, then wander through our "Best Cellar" book store.

**Full Bar • Something for everyone, from Milk Shakes to Martini's!**

Serving Breakfast, Lunch & Dinner Daily

7am-8pm Sun. thru Thurs., Fri. & Sat. open until 9:00 pm



**860-684-4920** I-84, Exit 74 in Union on the CT/MA line

**"Physical Fitness is the First Requisite of Happiness"**  
- Joe Pilates

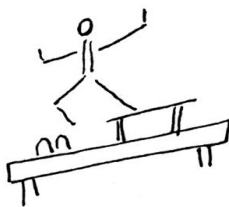
**Margherita Nichols Shaw**

**Pilates Studio 111**

**Eastford, CT**

**(860) 974-2636**

Apparatus & Mat Certified since 2003  
BUY ONE GET ONE - one lesson - GRATIS



**DLM  
HOME IMPROVEMENTS**

Int/Ext. Trim  
Custom Built-Ins  
Kitchen Remodeling  
Ceramic Tile

Window Replacement  
Computer Stations  
Painting Int/Ext  
Power Washing

Dan Merlo

### Eastford Independent Fire Company #1, Inc.

From: Jeannine Spink, President

The company responded to 16 emergencies during the month of January. Congratulations to member Silas Bunnell in recognition of his advancement to Active Membership status.

You may have noticed the seasonal beauty of the flowerbed near the flagpole. Thank you to Juliana and Dwain McNeal in memorial to Sophie Broden and Charlotte Nowakowski.

Members enjoyed an evening of no emergencies, good food, camaraderie and fun on Wednesday, Dec. 21<sup>st</sup> at our annual Christmas Party. A good time was had by all.

**MARK YOUR CALENDARS** – Saturday, April 15<sup>th</sup> at 6:30 p.m. is the first of the season “All You Can Eat” Steak Supper sponsored by the EIFC. Tickets will be on sale in March. Price is \$20.00 per person. Menu is: Top quality steak, baked potato, green salad, green beans, rolls, dessert, beverage and FREE raffle ticket. Tickets are not sold at the door, and no take-out orders. To reserve your dinners, please contact John Paquin at 974-0256, Jeannine Spink at 974-1678 or any member.

In addition to monthly meetings and drills, members participated in an Ice Rescue Drill with multiple departments at Bigelow Hollow State Park. With the addition of the LUCAS CPR machine at some area departments, a demonstration was presented at Bungay Fire Brigade. Its use can be a major factor in a successful cardiac arrest resuscitation. The Rescue Squad scheduled their mandatory, annual training in airborne/bloodborne pathogens, H-I-P-A-A, intervention skills and recognizing and reporting child/elder abuse and neglect.

Chief Gordon Spink, Captain James Roy and their spouses attended a dinner of appreciation at the Pomfret Congregational Church that burned two years ago. Multiple fire departments responded mutual aid. The beauty of the rebuild and dedication of the membership was observed by all who attended.

**REMINDER:** With snow amounts rising, please clear around your green house number signs so we can find you quickly. If you need a FREE sign or replacement numbers, stop by the station any Wednesday evening between 7:00 and 8:00 p.m.

**RESIDENTAL FIRE ALARMS:** With more people installing home alarm systems, please consider the following:

**BACK UP KEYHOLDER:** This is someone who the alarm company can call if the alarm goes off. They can let us into your home to properly check out the situation.

**KNOX BOX:** This is a box that can be purchased from the fire department and mounted on your home. A set of your house keys is located inside it, with only us having the key to the box. No one can unlock the box so your keys will be safely locked inside. To purchase one, call the firehouse at 860-974-0630 and leave a message. Someone will return your call as soon as possible.

### Nahaco News

By Chris Mayhew

Despite the winter weather we have been having lately, Nahaco Park remains open for our local community members to enjoy some cross country skiing, snow shoeing or perhaps some ice fishing, depending on thickness of the ice. Even with the recent snow fall, the road leading down to Crystal Pond remains open. What better place to enjoy the beauty of the lake. Pack a lunch and bundle up, to witness what winter brings to the Nahaco property. The tranquil setting allows anyone to escape from their busy lives for as long as they wish. With all the beauty and wonder that takes place at Nahaco during the winter, it has not slowed down the progress the Commission continues to make towards accomplishing long and short term goals. Improving the pump house and updating our kitchen facility are just a couple items on our capital improvement plan. Our annual volunteer day will be Saturday April 22 and with multiple church groups and other civic organizations stepping up to lend a hand, this promises to be a very successful earth day celebration, which is also the same day. As always, the Commission continues to reach out for ideas from the community. Please feel free to attend one of our meetings which are held on the first Wednesday of the month. Agendas and locations are posted in the Town Hall.

### Eastford Food Pantry

The Food Pantry extends a very hearty “THANK YOU!!” to the many residents of Eastford who have helped replenish supplies to our pantry. Please note that financial donations are also critical and allow us purchase items essential to a balanced diet that may be missing from our pantry. Eastford residents in need who would like to avail themselves of the food pantry can place a confidential call anytime to Steve or Karen at 974-1618, or contact the First Selectman’s Office.



**HARLAN RIDGE  
KENNEL**

**BOARDING  
GROOMING  
TRAINING**

348 OLD COLONY RD.  
P.O. BOX 206  
EASTFORD, CT 06242  
860-974-0256  
[www.harlanridgekennel.com](http://www.harlanridgekennel.com)  
JOHN PAQUIN - OWNER



**Important Announcement  
From The Eastford Historical Society**

Dear Members, Friends, and Neighbors,

We are pleased to present for the first time ever a **digital searchable version** of the **Writings of Aaron Bowen**, Eastford correspondent for the Windham County Observer for over 30 years. Mr. Bowen freely shared his wide ranging observations and opinions, gathering a wide following both near and far. This 488 page document spanning over two decades will **transport you back to the Eastford of 100 years ago**. **Pressing the 'control' and 'f' keys will bring up a search bar**. The search function is not perfect, so *single or partial word searches* will usually produce the most results.

**Credits for this project** go to: correspondent **Aaron M. Bowen**, scrapbooker **Vera Bowen Spooner**, donor **Dorothy Davis**, transcriber **June Buell, Toni Doubleday** who retyped the first 51 pages for clarity, scanner **Tom Latham**, and computer adviser **Wayne LaSante**.

Please *visit our new website* (designed by Toni Doubleday) by using the *link below*, or simply googling "Eastford Historical Society." By clicking on the first **"View All"** button you will discover the *Bowen articles*, and other fascinating *Eastford history links*.

*Please explore, enjoy, share this announcement with family and friends, and revisit our evolving website periodically to see what's new!*

Best Regards,  
Tom Latham, Chairman, EHS Archives Committee

**Notice**

**EASTFORD GROVE CEMETERY ASSOCIATION, INC.**

**Spring Clean-up:** The Trustees will conduct a general clean-up of the cemetery grounds **after March 15th**, on a date to be determined. Seasonal flowers, wreaths, logs and other objects will be removed at the time of the clean-up. If you wish to recycle your own decorations, you should do so at your earliest convenience, but **prior to the 15<sup>th</sup> of March**.

**Landscaping/Mowing Season:** After March 15<sup>th</sup>, live flowers may be planted or placed in plastic pots **with-in 12" of the base of the monument**; artificial flowers, ornaments, and other objects are not allowed and will be removed because they are a risk to the groundskeepers and their machines.

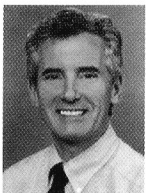
**Trustees' Meeting:** Monday, March 20, 2017 at 7:00 p.m. at the Ivy Glenn

**Annual Meeting:** Monday, April 10, 2017 at 7:00 p.m. at the Firehouse

For more information, contact a member of the Board of Corporators: Joe Andert, Bill Bibeault, Audrey Carabeau, Carol Day, Jim Ellis, Tom Fabian, Scott Huri, Alex Kowalchuk, Faye Logee, Jim Vaida, Paul Vaida, or Trustees: Lauren Anderson, Herman Barlow, Ken Grube, Bev Lindemann, Linda Torgeson, Rick Torgeson

**amplisound**

**HEARING CARE CENTERS**



Ralph T. Campagna  
BC-HIS, CT #138  
Cell: 860-608-7661

DANIELSON - 594 Putnam Road  
860-779-6500 • 800-835-2001

PUTNAM - 19 Quinebaug Ave  
860-928-7793

VERNON - 351 Merline Road  
800-835-2001

amplisound.com • ralphc@amplisound.com

**ATTORNEY MICHELE ANN PALULIS**

Bankruptcy, Real Estate, Estate Planning,  
Personal Injury, Probate, Elder  
Law & Title 19 Assistance/Planning  
( & more!)



www.attorneypalulis.com  
michele@attorneypalulis.com  
158 Main St., Suite #2  
Putnam, CT 06260  
(860) 928-9928

**Call us to find out what's new in energy efficiency!**

Quality Since 1917



**Ives Brothers Inc.**

**SERVICE REPAIR AND INSTALLATION**

AIR CONDITIONING BOILERS & FURNACES  
HEAT PUMPS SOLAR WATER HEATERS  
OIL BURNERS WATER HEATERS

FUEL OIL & KEROSENE

**CALL OR CLICK TODAY**

**860.423.6381**

www.ivesbrosoil.com



Keeping our customers comfortable at home

Open 7 Days



**The Corner Market**

*More than a convenience store*

Mountain Dairy Milk  
Hershey's Ice Cream  
Fresh Produce

Intersection of Routes 44 & 198  
Eastford CT 06242  
860 974 0632

**ADULT  
PICK-UP  
BASKETBALL**



Wednesday Nights  
7 – 9 pm At Eastford School Gym  
Bring both white and dark shirts  
Email Mike for more info mbilica@gmail.com

**Military Veteran Flag Staff Order**

**Deadline: Friday, May 5, 2017**

On the Memorial Day weekend, the Trustees of the Eastford Grove Cemetery Association would like to see all American flags placed in flag holders. This would ensure that the flags are uniformly and properly displayed throughout the summer. Therefore, we would like to provide you the opportunity to purchase a military grave marker for your veteran(s). The marker and rod can be ordered to designate a certain branch of the military (i.e., Air Force, Army, Navy, Marine, etc.). Although the markers can be purchased through us, the marker would be your property. If you are interested, you must return the attached form, with your check, **by Friday, May 5<sup>th</sup>**. The order will go out the following Monday. Upon arrival, the markers will be placed at the designated grave site by a trustee of the Eastford Grove Cemetery. Once placed, the marker becomes your responsibility to maintain, not the Association's. If you have any questions, please contact Lauren Anderson at 860-974-1349. **The cost of the bronze marker is \$60; the aluminum marker is \$20; shipping is included.**

**Recreation Commission News**

By Valerie Katkaveck, Chair

The Rec Commission would like to extend an invitation to join our group. We could do so much more with your help. Please join us if you want to help out in any activity or start up a new one. Chair position, Secretary, and member positions all need to be filled. For information, contact Valerie, E-mail: valkat@charter.net. Youth basketball is Tuesdays through April 4 at EES Gym at 6:30 pm except March 21 --download a registration form from the town website. Adult Pick up Basketball continues to grow on Wednesday nights at 7 pm, also at EES Gym. Please bring both white and dark shirts. Thank You,



-----  
I would like to order \_\_\_\_\_ bronze marker(s) @ \$60 each  
I would like to order \_\_\_\_\_ aluminum marker(s) @ \$20 each  
Branch of Service: \_\_\_\_\_  
Purchaser's Name: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Email address (optional): \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Veteran's Name(s): \_\_\_\_\_

**Check Payable to:**

Eastford Grove Cemetery Association, Inc.

**Mail to:**

P.O. Box 284, Eastford, CT 06242



**Advanced Orthodontics, LLC**

Braces and Invisalign for Kids and Adults

We do accept all major insurances, including HUSKY

- Open on WEEKENDS
- FREE CONSULTATIONS
- Affordable and Flexible payment plans

Dr. Singh  
Orthodontist, DDS, BDS, MBA



182 Providence Street, Putnam, CT 06260

860-928-3304

www.advancedorthoLLC.com

*Lakeside Massage*  
43 Lake Drive  
Eastford, CT 06242  
(860)208-2313  
*Keri Jedford, LMT*  
lic #: 2535

**The Eastford Historical Society**

The Eastford Historical Society seeks community support for its mission of collecting, preserving and sharing documents and artifacts that help tell the story of Eastford's unique history. Both volunteer and financial support are critical.

**Community Challenge: The Lathams will match all dues and donations received by June 30, 2017, to a maximum of \$5,000.**

Dues and/or tax deductible donations can be transmitted using the membership form on the Town of Eastford website: <https://www.eastfordct.org/Page/93>.

The Society thanks you for your support of its important educational mission!

**ATTENTION**

All articles & news for The Communicator must be submitted to Deb Yazo:

E-mail: [eastford.communicator@gmail.com](mailto:eastford.communicator@gmail.com)

Deadline: 2nd Wednesday of each Month

**Eastford Communicator Volunteers**

Executive Editor	Carol Davidge
Composition/Layout	Deb Yazo
News Collection	Deb Yazo
Volunteers	Ruth Yulo
	Tom French
	Megan Calchera

All items for The Eastford Communicator must include submitter's name, address & telephone, for verification. All items submitted are subject to editing. The Communicator reserves the right to reject any submissions. Opinions expressed are those of the submitters and not necessarily those of The Communicator. The Communicator will not print items it regards as offensive or slanderous.

Dear Readers:

**We hope you will contribute to The Eastford Communicator.**

Advertising revenues do not cover printing and postage costs. The Communicator is Eastford's main source of news about local events, town government, committees, organizations. We need donors to support this effort if we are to continue. If you can, please send a donation. **Thank you!**

Your Name: \_\_\_\_\_

Mailing address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Amount: \_\_\_\_\_

Things you'd like to see covered: \_\_\_\_\_

Please make checks payable to:  
Eastford Communicator  
P.O. Box 253, Eastford CT 06242

**THANK YOU!**

**The Volunteer Staff of The Communicator**

 <p>2 Birch Street Willimantic, CT 06226</p> <p>tel 860.456.1151 fax 860.450.1600 gulemo@gulemo.com</p>	<p><b>BERKSHIRE HATHAWAY</b> HomeServices</p> <p><b>Mary Scalise</b> Realtor licensed in CT and MA</p> <p><b>New England Properties</b> 45 Route 171 Box 366 South Woodstock, CT 06267 Cell: 860-918-1539 Fax: 860-928-9264 <a href="mailto:MaryScalise@bhhsNE.com">MaryScalise@bhhsNE.com</a> <a href="http://MaryScalise.bhhsNEproperties.com">MaryScalise.bhhsNEproperties.com</a></p> <p><small>A member of the franchise system of BHH Affiliates, LLC</small></p>
<p><i>Law Office of Robert V. Scalise, LLC</i> "Your Employee Rights Advocate"</p>  <p>Free Telephone &amp; Office Consultations</p> <p>P: 860-928-6528 F: 860-963-9007</p>	<p><i>For All Your Flooring Needs!</i></p>  <p>VINYL ♦ TILE ♦ HARDWOOD LAMINATE ♦ CARPET</p> <p><b>Shop:</b> in store or at your home</p> <p><b>Kevin Basto, Owner</b> Store: 860-315-5590 Cell: 860-428-4601 <a href="http://bastoflooring.com">bastoflooring.com</a></p> <p>40 Hartford Turnpike Eastford, CT 06242</p>
<p><i>Robert V. Scalise, Esq.</i> <a href="mailto:rvs@scaliselaw.com">rvs@scaliselaw.com</a> • <a href="http://www.scaliselaw.com">www.scaliselaw.com</a> 158 Main Street, Suite 7 • P.O. Box 205 • Putnam, CT 06260</p>	

The Eastford Communicator  
PO Box 253  
Eastford CT 06242-0253

**\*\*ECRWSS\*\*H-001**  
Resident  
Postal Customer  
Eastford, CT 06242

Presorted Standard  
US Postage  
PAID  
Permit No. 37  
Willimantic, CT 06226

**PINE KNOLL**  
REAL ESTATE



South Woodstock, CT 06267  
Phone 860-928-0456  
1-800-371-5374  
Fax 860-928-0464  
effiejeanne@yahoo.com  
**Effie L. Vinal**  
GRI - ABR - PSCS - REALTOR®  
Cell 860-428-0113



MLS

YOUR AUTHORIZED FORD DEALER SINCE 1930

**BOWEN'S GARAGE**

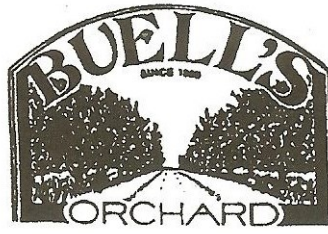
**EASTFORD, CT**

860-974-0363  
www.bowensgarageinc.com



**Windham Eye Group, P.C.**

Dana P. Woods, MD  
William J. Kaufold, MD      Michael S. Cooper, OD  
**\*\* ACCEPTING NEW PATIENTS \*\***  
83 Quarry Street, Willimantic, Connecticut 06226  
Office (860) 423-2533      Optical Shop (860) 456-7732  
Complete Eye Exams, Cataract Eye Surgery,  
Contact Lenses and Eye Glasses  
[www.windhameyegroup.com](http://www.windhameyegroup.com)



**BUELL'S ORCHARD**

*In Season:*  
Strawberries  
Blueberries  
Peaches  
Apples  
Sweet Cider  
Caramel Apples

108 Crystal Pond Road - Eastford - 974-1150  
Hours change with seasons. Please call ahead.  
[www.buellsorchard.com](http://www.buellsorchard.com)

**GORDON'S**  
LAWN CARE &  
LANDSCAPING  
860-234-2012



- Commercial
- Fully Licensed & Insured
- Residential
- Free Estimates
- Brush Mowing with a DNR Brush Mower

**Now Accepting New Clients!!**

Gordon Spink, Owner  
11 Church Road  
P.O. Box 945, Eastford, CT  
spinkgordon@yahoo.com

**Tom French, Accountant**

Full Accounting & Tax Services  
For Businesses and Individuals

12 Spinnaker Lane, Eastford  
(Located on south shore of Crystal Pond)  
860-974-0197 or [tomfrench@charter.net](mailto:tomfrench@charter.net)



**EASTFORD**  
Building Supply

DELIVERING QUALITY MATERIALS  
TO PROFESSIONAL BUILDERS  
AND HOMEOWNERS  
SINCE 1960  
860/974-1924

**LINDON TREE SERVICE**  
INC.

ALL PHASES OF TREE CARE  
TREE REMOVAL / TREE TRIMMING  
100' CRANE SERVICES  
BRUSH HOGGING  
STUMP GRINDING

BILL BIBEALT JR.  
OWNER  
FULLY INSURED

38 Providence Pike  
Eastford, CT 06242  
860-974-1833  
Fax 860-974-1356