October 2013



Eastford

Volume 22, No. 7

October, 2013 Calendar

- 1 Conservation & Historic Comm, TOB, 7:00pm
- 2 Nahaco Commission, Camp Nahaco, 7:00pm Democratic Town Committee, Library, 7:30pm Gentle Yoga, TOB, 12:30pm-1:30pm
- 4 Deadline to order Military Flag Poles (see inside) Yoga, TOB, 8:00am-9:00am
- 7 School Readiness Council, EES, 5:30pm BOS, TOB, 7:00pm
- 8 Planning Commission, TOB, 7:00pm
- 9 Senior's Foliage Caravan, 9:30am, TOB Gentle Yoga, TOB, 12:30pm-1:30pm Registrar of Voters, TOB, 5:00pm-7:00pm Green Energy, TOB, 7:00pm
- 10 BOE, EES, 7:00pm Agriculture Committee, TOB, 7:00pm
- 11 Yoga, TOB, 8:00am-9:00am Historical Society, TOB, 7:00pm Communicator Deadline
- 12 Harvest Festival, Buell's, 10:00am-4:00pm
- 13 Chili Cook-off, Coriander, Noon-2:00pm
- 14 Harvest Festival, Buell's, 10:00am-4:00pm
- 15 Republican Town Committee, TOB, 7:00pm
- 16 Gentle Yoga, TOB, 12:30pm-1:15pm Union Society Exhibit, TOB, 1:30pm-3:30pm
- 18 Yoga, TOB, 8:00am-9:00am
- 19 Fiber Arts, Library, 10:00am
- 20 Senior's Still River Walk, 8:00am, 10:00 am
- 22 Recreation Commission, TOB, 7:00pm
- 23 Gentle Yoga, TOB, 12:30pm-1:30pm Registrar of Voters, TOB, 5:00pm-7:00pm
- 24 Union Society Building Comm, TOB, 8:00am Adopt-A-Book Party, Library, 6:30pm Library Board, Library, 7:00pm Inland Wetlands Commission, TOB, 7:00pm
- 25 Yoga, TOB, 8:00am-9:00am
- 26 EIFC All-You-Can-Eat Steak Supper (inside)
- 28 American Legion, TOB, 7:30pm
- 30 Gentle Yoga, TOB, 12:30pm-1:30pm
- 31 Halloween Party, Rec Comm, TOB, 5:00pm-7:00pm

Inside:

Municipal Candidates Harvest Festival Emergency Preparedness for Kids Eastford Astronomy Easy Delish-Chicken Fire Co. Information Library Adopt-A-Book Halloween Festivities

Communícator

Selectman's Select By Allan Platt

As the eyes are said to be "the window to the soul", so the pride of a community may often be gleaned by the care of the public properties. I would like to extend my sincerest thank you to my partner selectpersons Rick Torgeson and Terry Cote, and indeed all who have and are still contributing to the beautification of the town center. Certainly I would be remiss in not extending my appreciation to Ben Schmidt and Jim Rivard, our public works crew who take exceptional pride in the care of all the town facilities. Please be sure to check out the new Town Office Building sign built by public works employee Jim Rivard. The work done by the town Green Thumb volunteer crew is inspiring because of the diligence and very quiet manner in which they provide so much energy. When a visitor passes thru or stops in our community the message is clear. We care!

At the suggestion, and offer of assistance, from a concerned citizen we are looking into fixing the clock at the Ivy Glenn. Although correct twice daily some thought it might be time to take a serious look at the problem. We are all "hands on deck' and hope for to have a repair or replacement affected in a timely fashion.

At the request of interested citizens the Board of Selectmen is considering forming a Green Energy Committee to pursue energy conservation and renewables. Citizens expressing an interest in serving on the committee or learning more are invited to a very casual meeting on October 9th at 7pm at the Town Office Building. Mr. Ken Anderson will present ideas and work with attendees to formulate a specific charge for the committee to be presented to the BOS, as well as hopefully prospective members, at the BOS meeting to be held on November 12th.

Save This Date!!

Monday, November 11, 2013 Veteran's Day

Please join your neighbors and fellow citizens as we gather to dedicate our renovated and expanded Eastford Veteran's Memorial in the center of town. The brief ceremony will begin at 10 a.m. All are welcome to come and show support of our veterans and Show our appreciation for their service in our military.

> Nahaco is YOUR park! Free: Picnic Area - Pond - Trails Event Rentals - Come Explore!

Report of the Eastford Recreation Commission

The Rec Commission would like to thank everyone who volunteered and/or participated in the 5K event on September 14. The results will be posted next month!

Keep fit and active by attending classes Sponsored by the Rec. Commission. Sue Orcott will be instructing Yoga at EES on Monday nights. Classes start on October 7 from 6:30-7:30 pm, and will run for 8 weeks ~ \$40 for full session. Linda Thayer will be instructing Zumba at EES on Tuesday nights starting October 1 through December. Classes will be 6:30 - 7:30 pm, \$8 per class. Sign up for a session for a discount! Call Linda with any questions 860-974-1807.

Fall is here, Halloween fun is scheduled at the Town Hall, (lower level), Thursday Night, October 31, from 5-7pm. It's going to be hard to beat last year, we had such a good turn out, and so much fun. But we're going to try! So make sure you trick or treat your way downtown, there will be crafts, games, pumpkin contests, costume prizes of all kinds will be awarded and, of course, good treats and hot apple cider! Everyone loved the hayrides last year, so this year we will include rewards and prizes for the the best rides! If you want to help out or have anything you would like to add to this community event, call Valerie 933-8102.

The 3rd Annual Chili and Apple Dessert Cook-off will be Sunday October 13th from 12:30 to 2:00 at Coriander Cafe. Sign up to enter at Coriander's. There is a \$10 entry fee. If you don't enter, YOU get to be the judges; tasting and voting for a small price. Lots of prizes fun and cash for the winners!



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Tom Latham

Board of Education (4 year term)

Chris Hustus

Steve Bowen

Library Trustees

Jim Trowbridge

Claire Williams

<u>Selectman</u>

Rob Torcellini

Tax Collector

Chris Hustus

Board of Education (2 year term)

Rob Ellsworth Jill Merlo

in meno

<u>Constables</u>

Tom Fabian

Kevin Shead

Town Clerk

Melissa Vincent

VOTE TUESDAY, NOVEMBER 5, 2013

Paid for by the Eastford Republican Town Committee Bette Danielson, Treasurer

LIBRARY NEWS

BY: SUSAN SHEAD

Join us on Thursday Oct. 24th for the annual Adopt-a-Book event. The evening will be a kick-off of a weeklong Adopt-a-Book fundraiser. This event offers an opportunity for you to donate a book for the library and dedicate it to the person of your choice. A custom bookplate will be affixed inside the book of your choice. This is an opportunity for you to make a gift to the library and to recognize someone at the same time. (see below)

Have you signed up for E books yet? You can search for, check out and download e books to a computer or e reader. This service is available only to Eastford residents and you must have a valid library card to participate. If interested come down to the library and we will set up an account for you. Remember to bring your library card with you!

Did you know that there are many magazines to check out from the library including current issues? Here are the listing of the magazine's at the library: Better Homes and Gardens, Connecticut, Consumer Reports, Cooking Light, Country Living, Early American Life, Family Circle, Good Housekeeping, Health, Ladies Home Journal, National Geographic, National Geographic Traveler, The New Yorker, People, Popular Science, Prevention, Reader's Digest, Redbook, Reminisce, Saturday Evening Post, Smithsonian, Stone Soup, Time, Woman's Day, Yankee, Fine Gardening and Mary Jane's Farm. They can be checked out for two weeks at a time.

The Fiber Arts group meets on the 3rd Saturday (Oct.19th) of the month at 10:00AM. If you want to knit, crochet or do rug hooking or spinning or any other fiber arts craft please join us!

There are discount passes available for Mystic Aquarium, Roger Williams Park Zoo, The New England Air Museum and free admission passes to The Wadsworth Athenaeum, The New Britain Museum of American Art and Connecticut's Old State House. We also have State Parks and Forests Day Pass. This

Hours:

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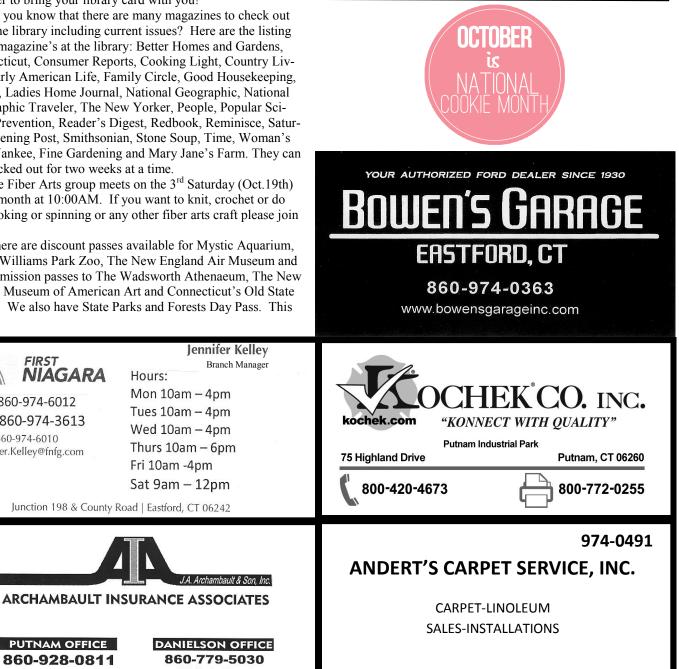
143 Providence Street

pass can be used to cover the cost of parking at state parks and forests where there is an established parking charge. We also have coupons for 20% off admission to the Connecticut Science Center.

Note: The library will be closed on Monday Oct. 14th in honor of Columbus Day. The library hours are Monday 3-8pm, Tuesday 10am to

8pm, Thursday 3-8pm, and Saturday 9am to 1pm.

> Adopt-a-Book At The Eastford Public Library Thursday, Oct. 24, 2013 6:30PM Refreshments will be served



EASTFORD, CT

ANDERT DRIVE

Filect These Exceptional Leaders on November 5th



For Selectman Terry Cote

Accomplished leader, past Library Board Chair, completing second term as Eastford selectman.

For Board of Ed Matthew Cook

Director, Paul Newman's Hole in the Wall Camp for 12 years, Master of Social Work, father of three Eastford students.

Professional landscape lecturer, photographer









For Library Board Kathleen Healey

Mother of two, PhD in English from Penn State, currently Professor of English at Worcester State University, member Eastford Historical Society

For Library Board Barbara Aquila

Retired teacher, New York City Schools for 34 years. Library volunteer, recent Eastford Heritage Day Chair, member, Eastford Historical Society.



Paid for by the Eastford Town Democratic Committee, Bob Williams, Treasurer

Eastford Seniors

By Linda SM dos Santos

October is going to be an exciting and busy month for Seniors. On Wednesday, October 9, the Eastford Senior Citizens Senior Fall Foliage Car Caravan will leave at 9:30 am from Eastford, CT and will travel to a fine meal at Bay Path Regional High on 57 Old Muggett Hill Rd in Charlton, MA. The colors of fall will flash by the car window as a parade of New England first-rate homes dance by. The group will enjoy an 11 am seating by hostess Carol Perkins at the school's Hill Top Restaurant. Meals range from \$5.99 to \$7.99, most drinks and desserts are under \$2.00 each. The students, as part of their culinary arts classes, prepare the meals. The cost of each meal helps the school to continue the worthwhile program. After visiting the gift shop, all will return to the cars at 12:30 pm, to arrive in Eastford about 1:30 pm. To register, call before Saturday, October 5, 860-538-8868. Please provide your name, phone number and whether you are a passenger or a driver.

On **Sunday, October 20** Seniors will enjoy Eastford's the **Stillness of the Still River Walk**. Seniors will walk along Still River trail that starts and ends **behind** Eastford Elementary School on Westford Rd in Eastford, CT. Along the path, enjoy a wolf tree, a mill, a dam & two wooden bridges. The walk is about 1 mile, and takes approximately 1 hour. The Eastford Conservation & Historical Preservation Commission, walk sponsor, built benches along the path, for your further enjoyment of the area. To register for either the 8 am or the 10 am walk, call 860-974-0407.

<u>Those Eastford residents, in need</u>, who would like to avail themselves of the Eastford Food Pantry, may place a confidential call to Karen, 860-974-1618.

VNA East provides these Wellness Services: Foot & Nail Care, Cholesterol Screening, Blood Sugar Screening, Blood Pressure, and Ear Wax Cleaning at the Mansfield Sr Ctr, 303 Maple Rd, Storrs/Mansfield,CT. Call 860-429-0262, for details

Senior Wellness Services are available at the Ctr for Healthy Aging, 612 Hartford Pike, Dayville, CT Wednesday 9 - 4 PM and Thursday 1-4:30PM, 860-928-6541,ext 2083. Also, at the Quinebaug Valley Senior Center, 69 So. Main St., Brooklyn, CT Friday 8:30 - 12:30 PM, 860-774-1243.

Applications for Energy/Fuel Assistance - Access Community Action Agency, Danielson 860-412-1600 and Willimantic 860-450-7400.

Report of the Union Society Building Committee

We thank the daughters of Helena and Bill Nieminen for their donation in honor of their parents The Nieminen's lived in Phoenixville and were active in the Union Society during the 20th Century. Helena started a 4-H Club for girls in the 1950s. The daughters, Dorothy Bressette, Marian Slye and Barbara Urban, have continued to support the efforts of the Town of Eastford to save the 1806 building. For donations of \$100 or more, a plaque will acknowledge the donor and list the names being honored. This plaque contains names of corporate, foundation and private donors. We also wish to thank Allan Platt for approving the improvements to the building by Mark Sheldon, a former president of the Union Society, who is a gifted old-house carpenter. Mark replaced the broken windows and removed unwanted growth from the beautiful, peach-colored azalea plans that bloom in May. The Union Society was a unique cultural group in the State of Connecticut. The Union Society of Phoenixville was begun in the mid-1800s as a way of teaching children to read during a Sunday School and expanded to provide social gatherings for mostly poor, immigrant families there. Initially held in area homes, in 1906 the Union Society purchased the house now known as the Union Society of Phoenixville House (listed on the National Register of Historic Places and located at the junction of Routes 198 and 44). All were welcome regardless of spiritual belief, ethnic origin, age or gender. In 2002, the Town of Eastford took ownership of the land and building. The mission of the USBC is to help the Town of Eastford raise funds for the maintenance and improvement of this historic Town-owned building so that it can again serve the community. Donations are needed. The USBC is working on architectural plans. We will also be applying for grants and will hold fundraisers in support of the project. If you would like to make a financial donation, please make your checks payable to: Town of Eastford (write Union Society in the memo line), and mail to Union Society Fund, Town of Eastford, P.O. Box 98, Eastford, CT 06242. For information, call Carol Davidge (860) 974-0756 or E-mail: carol.davidge@snet.net with "Union Society" in subject line.



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Eastford School Non-Discrimination

The Board of Education complies with all applicable federal, state and local laws prohibiting the exclusion of any person from any of its educational programs or activities, or the denial to any person of the benefits of any of its educational programs or activities because of race, religion, color, national origin, sex, sexual orientation, marital status, age, disability (including pregnancy), or gender identity or expression, subject to the conditions and limitations established by law.

The District has a policy of Non-Discrimination under Title VI, Title IX, Section 504, Age Discrimination Act, Title II of the ADA and the Boy Scouts of America Equal Access Act.

It is the express policy of the Eastford Board of Education to provide for the prompt and equitable resolution of complaints alleging any discrimination on the basis of protected characteristics such as race, color, religion, age, sex, sexual orientation, marital status, national origin, disability (including pregnancy), or gender identity or expression. In order to facilitate the timely resolution of such complaints any student who feels that he/she has been discriminated against on the basis of these protected characteristics should file a written complaint with Linda Loretz, Principal/Superintendent

Diane Martin, school social worker, is the designated Eastford District compliance officer who will coordinate compliance with the nondiscrimination requirements of Title IX of the Education Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973.

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Anir Anir



The Eastford Recreation Commission challenges you

<u>Entry Rules</u>

- 1... Choose Scariest or most creative contest
- 2... Bring your creation to the Town Hall
- 3... Sign if in between 5 and 6:30
- 4... Pay the 50¢ entry fee (winners take the coins)
- 5. . . Judging is at 6:45 ~ Good Luck!
- 6... Come back to take your pumpkin by 7:20
- 7... Have a Happy & Spooky Halloween!

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Report of the Eastford Scholarship Steering Committee

The Eastford Scholarship Steering committee is active in fulfilling its two-fold charge of 1.) Assuring stewardship of those funds currently available to Eastford students to help them further their education or available to acknowledge, in a monetary way, academic achievement on the part of our students; and 2.) Producing additional scholarship monies, either through additions to existing funds, or the establishment of new scholarships or awards.

To this end, the Committee is engaged in myriad endeavors: writing, designing, and printing a brochure which describes, among other things, the methodology of giving to Eastford scholarships and awards, specifics about existing funds, and testimonials from past and present recipients; developing a simplified form to be used to make donations, and in general making giving to Eastford student funds easier; the undertaking of individual and corporate giving initiatives; discussions with area attorneys, accountants, and financial planners and others involved with individuals who might be interested in planned giving to the Eastford funds; communicating information about both donors and those who benefit from the donations so that the community can better understand what these scholarships and awards deliver to those who receive them, those who give them, and those of us in the community who benefit from students who are encouraged and who achieve, for their own betterment and, therefore, for the betterment of us all; and a plethora of other productive projects.

Related to our close working relationship with the Community Foundation of Eastern Connecticut, we are pleased with the appointment [as of September 19] of Maryam Elahi as President of the Foundation. A lawyer with a record of leadership in human rights advocacy, she has pledged to enhance the Foundation's spirit of community philanthropy and to Increase its presence, activities, and support in Northeast Connecticut. Of particular import to the Eastford Committee is her stating that her work over the past two decades "has taught me that real and positive change is realized through local initiatives...Local agents of change transform dreams into practice." We on the Scholarship Steering Committee can only say "Amen" to that. For that is what we, as local agents of change seeking to augment and enhance local initiatives, are all about.

For those who might be interested in a comprehensive look at Community Foundation achievements over the past giving year, the Foundation's 2012 Annual Report is available. It is a very well done report on the broad impact the Foundation has in managing Eastford funds along with many others in Eastern Connecticut.

Anyone wishing one of these reports, or who might wish to add to one of these scholarship or award funds, or who would want to establish a new scholarship or award, can do so by contacting the Community Foundation of Eastern Connecticut, and most specifically Kip Parker at 877-442-3572, or by e-mail at kip@cfsect.org. Or you can write to the Foundation at 147 State Street in New London 06320 or get details at the Foundation's website [www.cfect.org.] Principal/Superintendent Linda Loretz [860-974-1130, <u>lloretz@eastfordct.org</u>] and Scholarship Steering Chair Art Brodeur [860-974-1795, <u>awbrodeur@charter.net</u>] are also available to assist you.

Kindergarten at EES

Our four and five year-olds are off to a great start this school year! Since almost all of the kindergartners attended our grant funded readiness preschool program last year, the transition to kindergarten on the first day of school was seamless.

The beginning of the year focus is on each child as an individual. The children listen to stories and participate in activities that allow them to distinguish the similarities and differences between themselves and others. One such activity was mixing different colored paints to find that "just right" skin color to use for one of our class books.

In today's technological environment, laptops, iPads, Smartphones and other mobile devices are not just the ways in which we communicate, but also the tools that our children will utilize to create a better future for us all. We are extremely fortunate to have had a monetary donation from Lindon Tree Service of Eastford that covered the purchase of 11 iPads! This will allow each kindergartner 1-to-1 use of an iPad which will provide for more individualized learning. The children will use the iPads to

- create stories that can be emailed directly to parents;
- to practice math skills;
- for personalized learning on a foundational reading skills program;
- to take district assessments; and so much more.
 Thank you Lindon Tree Service for their generous donation!

Submitted by Michelle Bibeault, Kindergarten teacher

Dear Readers:

The Communicator needs your help. As you may know, advertising revenues do not cover rising printing and postage costs. The Communicator is Eastford's main source of news about local events, town government, committees and organizations, and news of interest. Important articles about emergency preparedness, fire safety and our school appear each month. Production of The Communicator requires considerable time and dedication from our volunteers. If you can, please send a donation. Thank you!

Your name(s):	
Mailing address:	
City/Town	Zip Code:
Amount \$	

Things you'd like to see covered in The Communicator

Please make checks payable to: Eastford Communicator P.O. Box 253, Eastford CT 06242

THANK YOU! The Volunteer Staff of The Communicator



Board of Education

At its September meeting, the Eastford Board of Education received the results of the 2013 administration of the Connecticut Mastery Test (CMT). Following are the overall results:

	Math at Goal		Reading at Goal		Writing at Goal		All three areas	
	#	%	#	%	#	%	#	%
Grade								
3	11	78.6%	10	76.9%	11	78.6%	10	71.4%
4	10	83.3%	9	75.0%	9	75.0%	8	66.7%
5	12	85.7%	10	71.4%	9	64.3%	7	50.0%
6	14	70.0%	18	90.0%	16	80.0%	11	55.0%
7	10	76.9%	11	84.6%	4	26.7%	4	30.8%
8	17	77.3%	19	86.4%	17	77.3%	16	72.7%
Totals	74	77.9%	77	81.1%	66	69.5%	56	58.9%

The Board also approved the hiring of Mr. David Socquet as the seventh and eighth grade math teacher.

Additional business included the updating of policies and a discussion about the smooth opening of the 2013-14 school year.

Thank you to our generous donors! You are helping the Communicator to survive!

> George & MaryJo Scott David Teed

Most Sincere Thanks, The Volunteer Staff of The Communicator

KEEP THE DATE! November 23, 2013

EASTFORD ELEMENTARY SCHOOL ANNOUNCES ITS ANNUAL DINNER AND SI-LENT AUCTION TO BENEFIT THE 8TH GRADE WASHINGTON D.C. TRIP

Dinner: 5-6:15; LIVE AUCTION (BIDDING BE-GINS AT 6:15); SILENT AUCTION (IMMEDIATELY FOLLOWING LIVE AUCTION); TEA CUP RAFFLE BASKETS AND BAKE SALE (ONGOING THROUGHOUT THE NIGHT)

IF YOU HAVE QUESTIONS OR WOULD LIKE TO MAKE A DONATION, CONTACT

HOLLY GRUBE AT hollygrube@gmail.com





NAHACO NEWS FOR OCTOBER 2013

by Mary Ellen Ellsworth

Right now, Nahaco Park is probably at its most beautiful! The lake is calm, the colors are soft, and the light is incredible. We plan to trim up our hiking trails in the next several weeks. Let us know [nahaco10@gmail.com, or call any Commission member], if you have a couple of hours to assist.

Please help us out with our scheduling of Park use: if you are planning a group event of 10 or more for the beach or picnic area, give the Nahaco Commission a heads up by emailing Tom Hawkins, our coordinator of reservations, about your gathering, the activities planned, and the number of individuals expected. [Nahacoreservations@charter.net]. There is no fee for such use, but knowing about your event helps our planning re other reservations and work crews.

This year the Nahaco Commission has upgraded the Arts and Crafts Cabin and the Amphitheater, to complement the improvements to the Dining Hall. Our wish list for Nahaco Park includes efficient water delivery to the upper field section; more costeffective electric service to our facilities; adjustments to the beach area; trout pond dam repair. . . . If you have ideas for fund raisers, or wish to make donations of time, or money, please come to a meeting to share your thoughts. The Nahaco Commission meets the first Wednesday of every month, at 7:00 p.m. The October meeting will be held in the Camp Dining Hall.

The Day Camp at Crystal Pond had another successful season. Area youngsters participated in a total of 474 camper weeks! A big "thank you" to Jen Larkin, Camp Director, and the Camp's enthusiastic staff members, who made this summer's program outstanding. In addition to swimming, arts and crafts, drama, and sports, the children enjoyed special occasion days, like Superhero Day, Twin Day, and Pirates' Day. Visits by the Ice Cream Truck and a Pizza Party are hard to beat, but the kids also had "Summerween"—a kind of Halloween in the summer perhaps the first of its kind; Parents' Days, and "Birthday Bash," this year made unforgettable by Bella the Clown, CT Inflatables, and a cake walk.

A number of individuals and organizations added to the kids' learning and fun. "Thank you" to: Patty Langer of Woodstock, for providing 3 days of music instruction; the Eastford Independent Fire Company, who visited Camp 4 times, bringing their spray truck and sharing fire safety tips; the Girl Scouts, who also visited Camp 4 times; Mike Bogdanski of Quest Martial Arts and Gail White of the Pink House, who shared their interests and training, as did Dr. Sanchez, a large animal vet from Eastford; John Paquin and Rick Torgeson, who made Hot Dog Day happen twice.

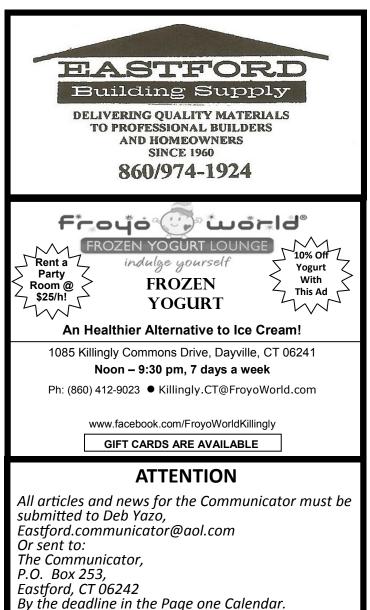
Frito Lay Corporation made much appreciated donations of snacks, and the Woodstock Recreation Commission assisted with Arts and Crafts supplies. Both Woodstock Academy's FRESH organization and the Eastford Republican Town Committee

made contributions for camperships that helped a number of children come to Camp and/or extended their participation.

This year is a "repeat performance" for all of these individuals and groups. They have all donated their time, products, and/or funds before; in some cases, they have donated in *every one* of The Day Camp at Crystal Pond's 10 years!

We also want to thank the Woodstock Boy Scout Troop for their work on Nahaco's lean-tos. These buildings are used for winter camping. We extend our thanks, too, to Lincoln Budd, who did a much-needed summertime mowing of our Trout Pond Dam area. The Commission welcomes Missy Vincent as an alternate member from Eastford. We look forward to her ideas and participation!

Sam Asikainen, Beach Baywood Chuck Lee Tom Hawkins Gary Kendrick Tony Perreault Missy Vincent Suzanne Woodward Mary Ellen Ellsworth



Eastford Astronomy – Look Up! By Ralph Yulo

October is usually the least cloudy month in New England and thus it can be a very good time for looking skyward. The beautiful and very bright planet, Venus, will be visible all month long in the early evening in the southwestern sky. It is often so bright - only the sun and the moon are brighter – that new observers have been known to call observatories to identify it. Two sets of meteor showers are visible this month, the Draconids and the Orionids. The Draconids come first and the best viewing should be in the early evening (just after the sky is dark) on October 7 and perhaps the following evening too. The Earth will be passing through debris left by the comet 21p/Giacobini-Zinner and this is the source of the Draconid meteors. You may know that meteor showers are named for the location in the sky from which they appear to radiate. So, to observe the Draconids, look toward the constellation, Draco the Dragon, in the northern sky. The number of meteors that will appear on any given night is difficult to predict. The expectation this year for the Draconids is that even at peak activity there may only be about ten meteors per hour. However, observers might be in for a real treat if the Dragon wakens and begins to spout fire! The second meteor shower, the Orionids, may be visible from about October 15 to October 29, but peak viewing is likely to be on October 21 and 22. Astronomers believe that cosmic debris from the famous Hallev's Comet is the source for this meteor shower. The Orionids may be seen over a large portion of the sky but the greatest activity will probably be in the eastern sky where the winter constellation, Orion, The Hunter, is beginning to rise. Of special note about the Orionids is that their discovery in 1839 was by a Connecticut native, Edward C. Herrick (1811 - 1862), a librarian and treasurer at Yale College.

For both meteor showers, two things are recommended: patience and a patio lounge chair that will provide comfortable support for your head and neck.

Hope and Wellness

Perhaps the most impressive constellation of the October sky is the large constellation Pegasus, the Winged Horse. Look a little south of directly overhead between 9 and 10 P.M. to see the most easily recognized part of this famous horse, four bright stars making an almost perfect square. It might be good to pause and reflect a bit at the Great Square of Pegasus because it stands high in the sky between the summer constellations passing toward the western horizon and the winter constellation rising on the eastern horizon. This great square is a celestial symbol denoting a time of transition. A line from Tennyson's Idylls of the King seems apropos here: "The old order changeth, yielding place to new And God fulfils Himself in many ways, Lest one good custom should corrupt the world."

Tips for Today

by Liz Ellsworth

Welcome Autumn!

Get outside and enjoy New England's autumn colors! Many kinds of recreation spots and hiking trails nearby will allow you to enjoy this vibrant, cool season. Take advantage of The Last Green Valley's Walktober events. You may know about them, but perhaps other friends and/or family do not. Arrange to meet friends and family for a walk, a hike, or a boating event. Enjoy the season. For Walktober details, visit:

http://www.tlgv.org/resources/walktober2013info.html





EASTFORD INDEPENDENT FIRE COMPANY #1

From: Jeannine Spink, President

Condolences to the family of Joe Meier who recently passed away. Joe joined the company in 1957, served as Lieutenant -1965-1966, Rescue Officer - 1964-1965, Board of Directors -1973-1976 and Fire Marshall for the Town of Eastford for many years. Thank you to Joe's family for designating the EIFC to receive donations in his memory.

Welcome to Kyle Tyler as a junior member. Individuals between the age of 14 and 17, who aspire to be a firefighter, rescue squad member, or fire police may obtain an application from any member. There is a job for everyone in our company.

Thank you to Nancy Mayhew and Assessor Carol Crawford for assisting in updating the "Road Book of Directions". This book is a listing of house numbers of residents by road. To aid us in finding you quickly, we ask that you post a green, reflective house number sign at the beginning of your driveway. Common driveways are of particular concern. Some signs are placed at the driveways' beginning. Where the common driveway splits to individual homes, there are no signs to direct us to which home. Signs and numbers are FREE to anyone in town.

You may have noticed the beautiful fall flowers in front of the station. Thank you to Juliana and Dwain McNeal for their generosity. The plantings are in memory of Sophie Broden, lifelong resident of Eastford, mother of Juliana and grandmother of Dwain.

Good luck to Elizabeth Gaston who is enrolled in Firefighter I. FFI is intense classroom studies and hands-on practice to learn all aspects of firefighting. Classes meet twice weekly, and some Saturdays over the next few months.

Thank you to individuals who purchased BBQ tickets for our fundraiser on Saturday, August 17th. However, due to declining ticket sales, the continuation of this annual event is in jeopardy. Preparation for this event starts weeks in advance with inventory, canvassing the town and post office to sell tickets, advertising in papers and posters, ordering and shopping the menu, preparing the BBQ pit and much more. The day of the BBQ begins early in the day with the preparation of the chicken that always results in its golden brown. The chicken's success relies heavily on the expertise of the "pit". Inside the house, cups are filled with potato salad and coleslaw, tables set up for "eat in" and prepared for "drive thru" convenience that begins at 4:00. Once the BBQ ends at 6:00, there is much to do to return the station to "call ready". All in all, the day is extremely busy, and very long. Seemingly the norm, there is a "911" call or two during the event. Some members respond, some stay behind to continue the BBQ preparations. In order to continue this much needed fundraiser, we need your financial support. Thanks to Juliana McNeal, Charlotte

Nowakowski and Rebecca Noll for helping us during the day.

Our next "All You Can Eat" Steak Supper will be on Saturday, October 26th at 6:30 p.m. The menu is: Steak, baked potato, green beans, rolls/butter, dessert and beverage. Tickets are now on sale. To reserve your ticket, call Jeannine Spink at 860-974-1678 or John Paquin at 860-974-0256.

Occasionally, there is confusion with patients and families that Rescue 371 is not an ambulance. We are often asked why the delay in transporting the patient to the hospital. To clarify this is simple. The Office of Emergency Management Services (OEMS) for the State of Connecticut designates a primary ambulance service (PSA) to cover small town areas with smaller call volume than larger cities and towns. The Ashford Ambulance Service is our designated primary ambulance. Eastford EMS is the First Responder with a responsibility to perform patient assessment, treatment where necessary, and prepare the patient for transport. When the ambulance arrives, the patient is transferred to the stretcher becoming the responsibility of the ambulance crew. Expedient transport then occurs to the nearest hospital for patient stabilization. In the event that the Ashford Ambulance Service is already responding in Ashford, we have mutual aid coverage from the Woodstock Ambulance or Chaplin Ambulance Services. Rest assured that at no time is Eastford without ambulance transport.

The month of August was busy as usual. We responded to 20 fire and/or medical emergencies.

On Monday, the 5th, Lieutenants Paquin, Fabian and EMS Lieutenant Scranton went to NAHACO for session #2 to spray water for campers to run under.

Our regular monthly meeting was held on Tuesday the 6th at 7:00. All monthly meetings are open to anybody who wishes to attend and learn about the business of running a fire company.

Truck check of all apparatus and equipment was on Wednesday, the 7th. Earlier in the day Rescue Lieutenant Liz Scranton completed the second of two presentations for younger campers at NAHACO. She covered how we get infections, demonstrated and practiced with the campers the correct way to wash hands, and showed fire and rescue gear so the youngsters would be comfortable if we come to their homes. They asked lots of questions and received "goodies".

In accordance with NFPA regulations and standards, members participated in the annual testing of all hose on Saturday, the 11th. This testing is to insure that all hose is in functioning condition. Any hose that does not meet the standards is taken out of service and needs to be replaced.

BUELL

continued on next page

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Weekend days, as well as Wednesday nights, are scheduled to perform specific testing.

On Wednesday, the 14th, a representative from Fire Tech presented the latest technology in thermal imaging. This lifesavings equipment is a critical necessity to seek and find people who are in a smoke-filled or burning building. It can also quickly detect "hot spots" that aids in extinguishing chimney and interior wall fires.

EMS drill on the 21st, was a fun night for members and our youngest, youngest, youngest potential members. This drill was dedicated to practicing communication skills with children, checking their vital signs, and performing various forms of immobilization. Assessing our little people differs significantly from adult patients. Thank you to Caleb, Abigail, David and Owen Budd for helping us. They were great. Thanks to Rachel Budd for staying during the drill to give the youngsters support.

Tuesday, the 27th was the new member/junior drill conducted by Deputy Chief Beaudoin, Captain Roy, and Lieutenants Matt and Ryan Yakis for members wanting to learn all aspects of the fire service and EMS.

Closing out the month was the Line Officers meeting on Wednesday, the 31st where the calendar of meetings and drills for September was created, in addition to discussing operations of the company.

Although small in numbers, your VOLUNTEER fire department is always in a state of learning, participating in town activities and dedicating their time to Eastford to provide the best fire and EMS protection available.

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HEARING PRODUCTS & SERVICES

Buell's Orchard Harvest Festival Columbus Day Weekend Free Admission - Parking - Live Music

Sat., Oct. 12 - 10 am to 4 pm- Festival Live Music provided by Dave Reiner & the Reiner Family Band with Special Guests

Sun., Oct. 13 - 1 to 5 pm (No festival - Open for Regular Business)

Mon., Oct 14 - 10 am to 4 pm - Festival Live Music provided by Dave Reiner & the Reiner Family Band with Special Guests Book Signing by "Tractor Mac" author Billy Steers

Family Fun - Hayrides to the Pumpkin Patch Apple & Pumpkin Picking Chicken Barbeque - Hot Apple Pie - Cider Donuts ...and More!

Support our favorite charity, ChildVoiceInternational, helping victims of war-ravaged Uganda. Jewelry and ornaments will be for sale. www.buellsorchard.com

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News You Can Use

Deb Richards

Eastford Emergency Preparedness Director

Preparedness Quiz for Kids

Complete this quiz and drop it off at the TOB....first quiz received with all the questions answered correctly...**will win a prize!**

1. Do you know what local radio station to listen to get emergency information? Tell us what station will provide you information about Eastford.

2. Have you made a specific plan for how you and your family would communicate in an emergency situation? Attach an explanation of what your plan involves.

3. Have you updated your emergency supply kit, especially food and water. Tell us what you did to update your supplies.

4. Do you know anyone in your neighborhood who might need a little extra help in preparing or responding to an emergency? Are you prepared to help your neighbors? In most emergencies the quickest way to get help is by asking your neighbors. Tell us how you will help your neighbors.

5. Have you established a meeting place for your family to reunite in the event you or your family cannot return home or need to evacuate? Tell us about your plan.

6. Have you recently practiced or drilled on what to do in an emergency situation in your home? Tell us about your drill.

October is

Breast

Cancer

Awareness

Month

Be prepared!

Easy Delish!

Zucchini Pie By Ashlyn Ellsworth

4 cups sliced zucchini 1 cup diced onion 1/4 cup butter 2 tbsp parsley 1/2 tsp salt and pepper 1/4 tsp garlic powder 1/4 tsp basil 1/4 tsp oregano 2 eggs 8 oz shredded mozzarella 1 8 oz can of crescent rolls

2 tsp mustard

Saute first 9 ingredients in the butter till barely tender.

In a separate bowl beat eggs and cheese and combine with zucchini mixture.

Place crescent rolls in bottom of pie plate and up the sides to form a crust.

Spread mustard on bottom crust. Fold in zucchini mixture. Bake at 375 degrees for 20 minutes.

THE EASTFORD RECREATION COMMISSION



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